

Is It Strong Enough ?

64 count, 1 wall, Beginner/Intermediate level
Choreographer: Lisa Ferguson (UK) Dec 05
Choreographed to: Strong Enough by Alan Jackson,
CD :What I Do

20 Count intro

Right Vine, Scuff, Left Vine, Scuff

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, scuff left
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, scuff right.

Rumba Box

1-2 Step right to right side, step left beside right
3-4 Step back right, hold
5-6 Step left to left side, step right beside left
7-8 Step left forward, hold.

¼ Turn Left, Touch, ¼ Turn Left, Touch, Step, Touch, Step, Touch

1-2 Step right ¼ turn left, touch left beside right
3-4 Step left ¼ turn left, touch right beside left
5-6 Step right to right side, touch left beside right
7-8 Step left to left side, touch right beside left.

Right Vine, Left Vine

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, scuff left
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, scuff right.

Diagonal Cross Rock Left, Right

1-2 Cross right over left rocking forward onto right, replace weight onto left
3-4 Rock forward onto right, scuff left
5-6 Cross left over right rocking forward onto left, replace weight onto right
7-8 Rock forward onto left, scuff right

Walk Back R, L, R, Kick, Slow Coaster Step, Scuff

1-2 Step back right, step back left
3-4 Step back right, kick left forward
5-6 Step back left, step right beside left
7-8 Step forward left, scuff right.

¼ Turn Left, Touch, ¼ Turn Left, Touch, Step, Touch, Step, Touch

1-2 Step right ¼ turn left, touch left beside right
3-4 Step left ¼ turn left, touch right beside left
5-6 Step right to right side, touch left beside right
7-8 Step left to left side, touch right beside left.

Rocking Chair, Stomp, Stomp, Pigeon Toes

1-2 Rock forward on right, replace weight onto left
3-4 Rock back on right, replace weight onto left
5-6 Stomp right beside left, stomp left beside right
7-8 Keeping toes together split heels apart, bring heels together.

Repeat and enjoy!!
