

**Right Behind, Right Behind Right, Left Behind, Left Behind Left**

- 1 - 2 Step Right Foot To Side, Step Left Behind Right,  
3 & 4 Step Right To Side, Step Left Behind Right, Step Right To Side  
5 - 6 Step Left To Side. Step Right Behind Left  
7 & 8 Step Left To Side, Step Right Behind Left, Step Left To Side

**Heel Switches, Point, Knee Roll Turn, Roll Steps**

- 1 & 2 Place Right Heel Forward, Step Right Foot Next To Left Switch Left Heel Forward,  
& 3 Step Left Foot Beside Right, Touch Right Toe Out To Side  
& 4 Roll Right Knee In Towards Left, Pivot One 1/4. Turn To Right On Left Foot, (leaving Weight On L Foot)  
5 - 6 Step Right Foot Forward, Slide Left Foot Behind Right Rolling Body Anti-clockwise  
7 - 8 Step Right Foot Forward, Slide Left Foot Behind Right Rolling Body Anti- Clockwise

**Rock Forward Rock Back, Running Hops Back Rock Forward, Rockback. 1/4 Cha Cha Cha**

- 1 - 2 Rock Forward On Right Foot, Rock Back On Left  
& 3 Hitch Right Knee Sliding Back With Left Foot, Place Right Foot Down  
& 4 Hitch Left Knee Sliding Back With Right Foot, Place Left Foot Down,  
5 - 6 Rock Forward On Right, Rock Back On Left  
7 & 8 Step Right Foot 1/4 Turn Right, Step Left Next To Right, Step Right To Side

**Left Step Pivot, Left Step Pivot, Syncopated Jump Back Knee Rolls**

- 1 - 2 Step Forward On Left Foot, Pivot 1/2 Turn Right  
3 - 4 Step Forward On Left Foot Pivot 1/2 Turn Right (leave Weight On Left)  
& 5 Step Back Right Step Back Left  
6 Roll Right Knee In Towards Left  
7 Roll Right Knee Out To Right  
8 Roll Right Knee In Towards Left

**Start Again**