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Inside The Jukebox

40 count, 4 wall, Beginner/Intermediate level
Choreographer : Ramon Busqué "raycountry"
(Catalunya) April 2000

Choreographed to : Plug My Heart Into The JukeBox
by JW Houston – Sidewinder (134 bpm);; Alternative
music: Lessons Learned by Tracy Lawrence -
Lessons Learned
e-mail : raycountry <raycountry@yahoo.com>

(This dance is especially choreographed for the new CD of JW Houston: Sidewinder)

TOUCHES AND STEPS

- 1-2 Touch right heel forward, step back right
- 3-4 Touch left heel forward, step back left
- 5-6 Touch right heel forward, step right across over left
- 7-8 Step left back, step right beside left

STOMPS, SWIVELS, KICK

- 9-10 Stomp left beside right, stomp right beside left
- 11-12 Swivel heels right, swivel heels left
- 13-14 Swivel heels right, swivel heels centre
- 15-16 Stomp right beside left, kick right forward

TOUCH, PIVOT ¼ TURN RIGHT, STOMP, KICK, TOUCH, HOLD, PIVOT ½ TURN LEFT, HOLD

- 17-18 Touch right toe to right side, pivot ¼ turn right stepping right beside left
- 19-20 Stomp left beside right, kick left forward
- 21-22 Touch left toe to left side, hold
- 23-24 Pivot ½ turn left stepping left beside right (keep weight on right), hold

SYNCOATED TOUCHES, STOMPS, HIP BUMPS

- 25 Touch left heel forward
- &26 Step left beside right, touch right toe back
- &27 Step right beside left, touch left toe to left side (turning left knee inside)
- &28 Step left beside right, touch right toe to right side (turning right knee inside)
- 29-30 Stomp right beside left, stomp right beside left
- 31-32 Little right step forward and bump hip right, bump hip right

HIP BUMPS, WAVE RIGHT, STOMPS

- 33-34 Step left in place and bump hip left, bump hip left
- 33-35 Side step right, step left behind right
- 37-38 Side step right, step left across over right
- 39-40 Stomp right beside left, stomp left beside right