

Insensatez

32 Count, 4 Wall, Int/Adv

Choreographer: Gordon Timms (UK) Sept 2010
Choreographed to: Insensatez by Mónica Naranjo,
CD: Va-Samba Pa Ti (Uno Tributo A Brasil)
(126 bpm)

32 Count Intro. Start on the vocals...

**STEP, SIDE TOGETHER FORWARD, SIDE TOGETHER BACK (BASIC RUMBA BOX)
MODIFIED LEFT COASTER CROSS, RONDÉ, (SWEEP) CROSS SHUFFLE.**

- 1 & 2 & Make a long step left to left side, close right next to left, (WOR) step forward on left. (hold)
3 & 4 & Normal step right to right side, close left next to right, (WOL) step back on right. (hold)
5 & 6 & Step left back at 45° pushing left hip out, straighten up and step right back,
cross left over right...NO HOLD.
On the & count... Rondé (sweep) right foot out from behind left ready to...
7 & 8 & Cross right over left, step left to left side, cross right over left. (hold) Faces 12.00

**SIDE ROCK & RECOVER, STEP LEFT FORWARD IN FRONT OF RIGHT, STEP, TURN,
STEP, HALF TURN RIGHT, HALF TURN RIGHT AND CLOSE, LOW KICK, RONDÉ
(SWEEP) BEHIND, SIDE, & CROSS.**

- 1 & 2 & Rock left to left side pushing left hip out, recover on to right, step left forward travelling forward.
(hold)
3 & 4 & Step forward on right foot, pivot ½ turn left on ball of left foot, step forward on right. (hold)
5 & 6 & Step forward on left foot, pivot ½ turn right, turn ½ turn right on ball of right foot,
step left next right. (WOL)
NO HOLD...On the & count... Kick right foot out low at 45° ready to...
7 & 8 & Rondé (sweep) right foot out and behind left, step left to left side, cross right over left. (hold)
Faces 6.00

**&
SIDE ROCK & RECOVER STEP LEFT BEHIND RIGHT, RONDÉ (SWEEP), BEHIND, SIDE,
CROSS, SIDE STEP WITH LEFT, DRAG, AND CROSS, ¼ TURN LEFT, ½ TURN LEFT,
STEP, QUICK TOUCH...**

- 1 & 2 & Rock left to left side, pushing left hip out, recover on to right, step left directly BEHIND right
travelling backwards. (hold)
3 & 4 & Rondé (sweep) right foot out and behind left, step left to left side, cross right over left. (hold)
5 & 6 & Long step left to left side, pushing left hip out, slide and step right next to left,
cross left over right (hold)
7 & 8 & Turn ¼ turn left stepping back on RIGHT foot, turn ½ left stepping forward left ,
step right forward slightly...(hold) Faces 9.00

**MODIFIED LEFT MAMBO, MODIFIED RIGHT COASTER CROSS, RONDÉ, (SWEEP)
CROSS SHUFFLE, RIGHT SIDE MAMBO AND CLOSE.**

- 1 & 2 & Rock forward at 45° on the Left, Recover on to the right, Step left next to right (hold)
3 & 4 & Step right back at 45° pushing right hip out, straighten up and step left back,
cross right over left...
NO HOLD. On the & count... Rondé (sweep) left foot out from behind right ... ready to...
5 & 6 & Cross left over right, step right to right side, cross left over right. (hold)
7 & 8 & Side rock right out to right side, recover onto left, step right next to left. (hold) (Weight on right)
Faces 9.00

No Tags – No Restarts- Just A Lovely Latin Rhythm. - Enjoy The Dance!