Inherit the Wind

Choreography made by: Anita Zwiers,

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Music: Inherit the wind by Jay Z, Elvis

presley and Beyonce Level: ABC Dance

Part A:

Walk, Sailorstep ¾ turn pressurestep, shuffle

1 RF Walk forward

2 LF Walk forward

3 RF step to 18.00

& LF step to 15.00

4 RF step to 21.00

5 LF pressure step

6 Keep weight on LF

& LF next to RF

7 RF step forward

& LF step next to RF

8 RF step forward

Slide, ¼ turn, hip bumps, ½ turn body roll

1 LF big step to left \(\frac{1}{4} \) turn(12.00)

2 RF next to LF

3 Hip bump right

& Hip bump left

4 Hip bump right

5 LF point backwards towards 18.00(whilst doing

this bring left fist forwards)

& Clap right fist in left fist swinging left arm backwards

6 ½ turn left weight on LF

7 Start Body roll(drag slowly RF next to LF)

8 End Body roll feet together(18.00)

Part B:

Vine, Rockstep, ½ turn, hold

1 RF step behind LF

& LF step to left side

2 RF cross over LF

3 LF rock to left side

4 Recover on RF

5 Turn ½ over left shoulder

6 End ½ turn feet shoulder width(12.00)

7 Hold

& LF step next to RF

8 RF step forward

Swivels, points, ½ turn

1 LF swivel outside to left

2 RF swivel outside to Right

3 LF swivel outside to left

& RF swivel outside to right

4 LF swivel outside to left

& RF next to LF

5 LF point to Left

& LF next to RF

6 RF point to right

7 RF Big step to right

8 LF drag next to RF whilst ½ turn over left

shoulder

Repeat above 8 counts

Point, coasterstep, rockstep

1 LF point to Left side

2 LF cross over RF

3 RF sweep over LF

4 RF cross over LF weight on RF

5 LF step back

& RF next to LF

6 LF step forward

7 RF rock forward

8 LF Recover

Point, ½ turn. hiprolls

1 RF point to right

2 RF cross over LF

& LF step to left 1/2 turn over right shoulder

3 RF step to right side

4 LF pressure step forward

5 Hip roll forward

6 Hip roll backwards

7 Hip roll forward

8 Hip roll backwards

1/4 turn, lean, snap, hold

& LF step back

1 RF step forward

2 Turn ¼ left on both feet

3 LF point to left slightly bend right knee and snap right fingers

4 Hold

Part C:

Walk, shuffle, ½ turn, full turn tripplestep

& LF next to RF

1 RF step forward

2 LF step forward

3 RF step forward

& LF step next to RF

4 RF step forward

5 LF step forward $\frac{1}{2}$ turn over right shoulder

6 RF step forward

7 LF step forward $\frac{1}{2}$ turn over right shoulder

& RF step forward ½ turn over right shoulder

8 LF step forward

Shuffle, ½ turn shuffle, veau de ville's

1 RF step to right side

& LF step next to RF

RF to right side

3 LF step to left ½ turn over left shoulder

& RF step next to LF

4 LF step to left side

5 RF cross over LF

& LF step to left side

6 Right heel touch diagonal

& RF step back

7 LF cross over RF

& RF step to right side

8 Left heel touch diagonal

& LF step next to RF