

Always Be

64 count, 2 wall, Beginner/Intermediate level

Choreographer: Jan Wyllie (Aus)

Choreographed to: Best Of Friends by Dave Sheriff,

CD: Somewhere Between Your Heart And Mine

(104 bpm)

Side Step Together, ¼ Shuffle, Rock Return, Coaster Step

1-2-3&4 Step right to right, step left beside right, making ¼ right shuffle forward right, left, right

5-6 Rock/step forward on left, rock back on right

7&8 Step back on left, step right beside left, step forward on left (coaster)

Step Pivot ¼, Step To Diagonal Touch, Step Back Touch, Step Sweep Forward

9-10 Step forward on right, pivot ¼ left transferring weight to left

11-12 Step right forward towards left diagonal, touch left toe forward towards left diagonal

13-14 Step back on left still facing left diagonal, touch right toe back

15-16 Step right forward (still on diagonal), sweep left in an arc towards the front (weight on right)

¼ Box Step, Side Step Touch/Clap, Side Step Touch/Clap

17-18 Step left across right, making ¼ left step back on right (now facing 9:00)

19-20 Step left to left, touch right beside left

21-24 Step right to right, touch left beside right/clap, step left to left, touch right beside left/clap

Side Shuffle, Step Behind Side, Cross Rock/Return, ¼ Turn Touch Beside

25-28 Shuffle right stepping right, left, right, step left behind right, step right to right

29-32 Cross/rock left over right, rock back on right, making ¼ left step forward on left, touch right beside left

Step Back Heel Forward, Step Forward Touch, Side Step Together, Step Forward Touch

33-36 Step back on right, touch left heel forward, step forward on left, touch right beside left

Restart on wall 4

37-38 Step right to right, step left beside right

39-40 Step forward on right, touch left beside right

Step Back Heel Forward, Step Forward Touch, Side Step Together, Step Forward Touch

41-44 Step back on left, touch right heel forward, step forward on right, touch left beside right

45-46 Step left to left, step right beside left

47-48 Step forward on left, touch right beside left

Back Lock Back, Heel Forward, Back Lock Back, Heel Forward

49-52 Step back on right, lock/step left in front of right, step back on right, touch left heel forward

53-56 Step back on left, lock/step right in front of left, step back on left, touch right heel forward

Back Lock Back, Heel Forward, Rock Return, Step Forward Touch

57-60 Step back on right, lock/step left in front of right, step back on right, touch left heel forward

61-64 Rock/step back on left, rock forward on right, step forward on left, touch right beside left

RESTART on wall 4 after count 36

This dance was written for Alison Bathgate from Grafton NSW who sent me the music. Thanks Alison
