

Intro: ONLY WITH THE MUSIC OF JOHNNY WAKELIN. TRIPLE STOMP 10 X,  
After 20 counts of the intro with 10 X Triple Stomp, Start with RF – Every first step of the triple stomp is STOMP, THEN YOU START THE DANCE:

- 1. Heel, Hook, Heel, Flick, Heel Hook, Heel, Stomp Stomp**  
1-2 RF touch heel forward – RF hook in front of LF  
3-4 RF touch heel forward – RF kick to right  
5-6 RF touch heel forward – RF hook in front of LF  
7&8 RF touch heel forward, RF jump/stomp next to LF, LV jump/stomp next to RF
  - 2. Heel, Hook, Heel Flick, Heel Hook, Heel, Jump/Stomp Jump/Stomp**  
9-10 LF touch heel forward – LF hook in front of RF  
11-12 LF touch heel forward – LF kick to left  
13-14 LF touch heel forward – LF hook in front of RF  
15&16 LF touch heel forward, LF jump stomp next to RF, RF jump/stomp next to LF
  - 3. Vine Left With Arm-Movements, Vine Right With Arm-Movements**  
17 LF step to left – stretch arms FWD with hand palms FWD  
18 RF cross behind LF to left – bend arms in front of you with hand palms FWD  
19 LF step to left – stretch arms to L & R with hand palms outside  
20 RF step next to LF – close bended arms with fists and elbows together  
21 RF step right – stretch arms FWD with hand palms FWD  
22 LF cross behind RF – bend arms in front of you with hand palms FWD  
23 RF step right – stretch arms to R & L with hand palms outside  
24 LF step next to RF – close bended arms with fists and elbows together
  - 4. Diagonal Shuffles Fwd, Back, Fwd, Shuffle Back**  
25&26 RF step diagonal right forward, LF step next to RF, RF step forward  
27&28 LF step forward, RF step next to LF, LF step forward  
29&30 RF step diagonal left back, LF step next to RF, RF step back  
31&32 LF step back, RF step next to LF, LF step back  
33&34 RF step diagonal forward, LF step next to RF, RF step forward  
35&36 LF step forward, RF step next to LF, LF step forward  
37&38 RF step back, LF step next to RF, RF step back  
39&40 LF step back, RF step next to LF, LF step back
  - 5. Side, Together, Side, Together, (Right) With Arm-Movements, Side, Together, Side, Together, (Left) With Arm-Movements**  
41 RF step right – bend knees and arms, hand palms crossed at face height (RH over LH)  
42 LF step next to RF – stretch legs, bend arms, but not crossed  
43-44 REPEAT: 41 – 42  
45 LF step left – bend knees and arms, Hand palms crossed at face height (LH over RH)  
46 RF step next to LF – stretch legs, bend arms but not crossed  
47-48 REPEAT: 45-46.
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