

In The Spirit

32 count, 2 wall, beginner/intermediate level
Choreographer: The Girls (Maureen & Michelle)
(England) Oct 2004

Choreographed to: Thriller by Michael Jackson, CD:
Thriller (118 bpm)

Intro: 48 counts from first loud drum beat immediately after footsteps

LUNGE, HOLD, RECOVER, HITCH, STOMP-UP, DIAGONAL STEPS WITH HOLDS

- 1-2 Lunge right to right, hold
- 3&4 Drag right towards left, hitch right, stomp right beside left (weight on left)
- 5-6 Step right diagonally forward right, hold
- 7-8 Step left diagonally forward left, hold

WALKS FORWARD, ½ PIVOT, HOLD, STEPS, PRESS, KICK

- 9-11 Walk forward right, left, right
- 12-13 Pivot ½ turn left, hold
- &14 Step right beside left, step left forward
- 15-16 Press right forward, kick right forward

STEPS BACK, BACK ROCK, SHUFFLE, ¼ TURN, HOLD

- 17-19 Walk back stepping right, left, right
- 20-21 Rock left back, recover forward onto right
(‘moonwalk’ counts 17 - 20 by dragging weightless foot between steps)
- 22&23 Step left forward, step right beside left, step left forward
- 24-25 Make ¼ turn left and step right to right, hold

½ TURN LEFT, HOLD, ½ TURN LEFT, HOLD, BEHIND, ¼ TURN, STEP

- 26 - 27 Make ½ turn left and step left to left, hold
 - 28 - 29 Make ½ turn left and step right to right, hold
 - 30 Step left behind right
 - 31-32 Step right ¼ turn right, step left forward
(for a Halloween effect claw both hands forwards during counts 24 – 29)
-