



## In The Morning

32 count, 4 wall, beginner level

Choreographer: Mark Cook (England) 2006

Choreographed to: I May Hate Myself In The Morning  
by Lee Ann Womack, Album: There's More Where  
That Came From

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### **Cross rock, 1/4 turn, 1/2 pivot turn, shuffle, rock, 1/4 turn**

- 1&2 cross left over right, recover weight onto right, step left to left side making 1/4 turn to the left, (facing 9, o'clock).
- 3&4 step right forward, pivot 1/2 turn over left shoulder placing weight onto left, step forward onto right, (facing 3, o'clock).
- 5&6 shuffle forward on left, stepping, left, right, left.
- 7&8 rock forward onto right, recover weight onto left, make 1/4 turn right stepping right to right side (facing 6, o'clock)

### **Weave right, cross rock, point, coaster, pivot 1/2 turn**

- 9&10 cross left over right, step right to right side, and cross left behind right.
- &11&12 step right to right side, cross left over right, recover weight onto right, point left to left side.
- 13&14 step left back, step right next to left, step forward onto left.
- 15&16 step forward onto right, pivot 1/2 turn over left shoulder, placing weight onto left, step forward onto right. (facing 12 o'clock)

### **Side step forward, side step back, shuffle back, sweep behind, cross**

- 17&18 step left to left side, step right next to left, step left forward.
- 19&20 slide right up to left and step right to right side, step left next to right, step back on right.
- 21&22 shuffle back on left, stepping left, right, left.
- 23&24 sweep right behind left, step left to left side, cross right over left.

### **Side rock cross, weave 1/4 turn, pivot 1/2 turn, rolling turn**

- 25&26 step left to left side, recover weight to right, cross left over right,
- 27&28 step right to right side, step left behind right, step right to right side making a 1/4 turn right, (facing 3 o'clock)
- 29&30 step forward onto left, pivot 1/2 turn over right shoulder, and step forward on left. (facing 9 o'clock)
- 31&32 step forward on right making a 1/2 turn over left shoulder, step back on left making 1/2 turn over left shoulder, step forward on right  
this is a rolling turn forward. (facing 9 o'clock)
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