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E-mail: [admin@linedancermagazine.com](mailto:admin@linedancermagazine.com)

## In The Morning

32 count, 4 wall, intermediate level

Choreographer: Lisa Ferguson (UK) Jan 2005

Choreographed to: I May Hate Myself In The Morning

by Lee Ann Womack

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### **R MAMBO FORWARD, L COASTER STEP, STEP 1/2 PIVOT L, ROCK FORWARD R, REPLACE.**

1&2) Rock forward on R, replace weight onto L, step R beside L

3&4) Step back on L, step R beside L, step forward on L

5-6) Step forward R, pivot 1/2 turn L

7-8) Rock forward on R, replace weight onto L.

### **R COASTER CROSS, L SIDE ROCK & CROSS, MONTERREY 1/2 TURN R, TOUCH L OUT, IN,OUT**

1&2) Step back on R, step L beside R, cross R over L

3&4) Rock L out to L side, replace weight onto R, cross L over R

5-6) Touch R out to R side make 1/2 turn R on ball of L, step R beside L

7&8) Touch L out to L side, touch L beside R, touch L out to L side.

### **L SAILOR STEP, SWAY R, L, R SAILOR STEP, TOUCH R BEHIND, UNWIND 1/2 TURN L.**

1&2) Cross L behind R, step R to R side, step L in place

3-4) Step R to R side swaying hips R, L transferring weight onto L

5&6) Cross R behind L, step L to L side, step R in place

7-8) Touch L behind R, unwind 1/2 turn L putting weight onto L.

### **STEP 1/4 PIVOT L, CROSS, BACK, BACK, CROSS, BACK, BACK, STEP 1/2 PIVOT L.**

1-2) Step forward R, pivot 1/4 turn L

3&4) Cross R over L, step back on L, step back on R

5&6) Cross L over R, step back on R, step back on L

7-8) Step forward R, pivot 1/2 turn L.