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In The Middle

32 count, 2 wall, absolute beginner level

Choreographer: The Girls (Maureen & Michelle) (UK)

Jan 2008

Choreographed to: Stuck In The Middle by Mika (186 bpm), CD: Life In Cartoon Motion; One More Broken

Hearted Man by Redfern & Crooks, CD: Line Dance

Hits From The Jukebox - Vol 1

(Please note this dance is danced on the fast beat for both tracks)

Intro: Both tracks 64 counts (fast beat)

TOUCH, HITCH, STEP, HOLD, TOUCH, HITCH, STEP, HOLD

- 1-2 Touch right slightly forward, hitch right
- 3-4 Step right slightly forward, hold
- 5-6 Touch left slightly forward, hitch left
- 7-8 Step left slightly forward, hold

HEEL STRUTS, RUN, HOLD

- 9-10 Step right heel forward, drop right toes
- 11-12 Step left heel forward, drop left toes
- 13-16 Run forward stepping right, left, right, hold

½ TURN LEFT IN HEEL STRUTS

- 17-24 Make ½ turn left in 4 heel struts stepping left, right, left, right

SIDE, CLAP, SIDE, CLAP, STOMPS, CLAP, HOLD

- 25-26 Step left to left, clap hands to left
 - 27-28 Step right to right, clap hands to right
 - 29-30 Stomp left beside right, stomp right beside left (keep weight on left)
 - 31-32 Clap, hold
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