

In The Middle

40 count, 2 wall, beginner/intermediate level
Choreographer: Roy Thompson (UK) Oct 2006
Choreographed to: In The Middle by Rodney Atkins,
CD: If You're Going Through Hell (100 bpm)

16 Count Intro Start on Vocals

FORWARD TOUCH. HITCH BACK BACK. HEEL SWITCHES. 1/4 PIVOT

1 - 2 Step Forward On Right, Touch Left Next To Right
3 & 4 Hitch Left, Step Back Left, Step Right Next To Left
5 & 6 & Left Heel Forward, Step Together, Right Heel Forward, Step Together
7 - 8 Step Forward On Left, Pivot 1/4 Turn Right (3 O'Clock)

CROSS TOUCH. KICK BALL CROSS. TAP TAP KICK. SAILOR 1/4 TURN

1 - 2 Cross Left Over Right, Touch Right Next To Left
3 & 4 Kick Right, Step Right Next To Left, Cross Left Over Right
5 & 6 Tap Right Forward X2, Kick Right Forward
7 & 8 Step Right Behind Left, Make 1/4 Turn Right Stepping Onto Left, Step Right Next To Left (6 O'Clock)

CROSS ROCK. LEFT CHASSE. HEEL GRIND 1/4 TURN. RIGHT CHASSE

1 - 2 Cross Left Over Right, Recover On Right
3 & 4 Step Left To Left Side, Step Right Next To Left, Step Left To Left Side (First Restart Point)
5 - 6 Right Heel Forward, Make 1/4 Turn Right Stepping Back On Left (9 O'Clock)
7 & 8 Step Right To Right Side, Step Left Next To Right, Step Right To Right Side

CROSS & HEEL. & CROSS SHUFFLE. BOUNCE 1/2 TURN. KICK BALL CHANGE

1 & 2 & Cross Left Over Right, Step Right To Right Side, Left Heel Forward, Step Left Next To Right
3 & 4 Cross Right Over Left, Bring Left Next To Right, Cross Right Over Left
5 & 6 Make 1/2 Turn Left Bouncing Heels 3 Times (Weight Ends On Left) (3 O'Clock)
7 & 8 Kick Right, Step Right Next To Left, Place Weight On Left

JAZZ BOX 1/4 TURN. FORWARD HOLD. BALL WALK WALK

1 - 4 Cross Right Over Left, Make 1/4 Turn Right Stepping Back On Left, Step Right Next To Left, Cross Left Over Right (Second Restart Point) (6 O'Clock)
5 - 6 Step Forward On Right, Hold
& 7 - 8 Step Left Next To Right(&), Walk Forward Right, Left Alternate (7 - 8) Full Turn Right

Start Again

TAG 1: At End Of Wall 1 (8 Counts)

ROCKING CHAIR. PIVOT 1/2 TURN LEFT X2

1 - 4 Rock Forward On Right, Recover On Left, Rock Back On Right, Recover On Left
5 - 6 Step Forward On Right, Pivot 1/2 Turn Left
7 - 8 Step Forward On Right, Pivot 1/2 Turn Left (6 O'Clock)

TAG 2: At End Of Wall 2 (4 Counts)

Repeat First 4 Counts Of Tag 1.

Restart 1: After 20 Counts On Wall 6 (Facing Front)

Restart 2: After 36 Counts On Wall 7 (Facing Back)

Note: The Dance Will Finish After 16 Counts, Facing The Front.
