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In My Arms

IMPROVER

32 Count 4 Walls

Choreographed by: Mike O'Brien

Choreographed to: Excuse Me (I Think
I've Got A Heartache) by Dwight Yoakam

Section 1 Step Forward left Touch Behind. Step Back Touch Heel Forward. Coaster step. Touch to right side.

- 1 - 2 Step Forward left. Touch right toe behind left.
- 3 - 4 Step back right. Touch left heel forward.
- 5 - 6 Step back on left. Step right beside left.
- 7 - 8 Step forward left. Touch right toe to right side.

Section 2 Jazz Box \hat{A} ¼ turn. Kick Front Side. Step Back. Touch left Beside Right.

- 1 - 2 Cross right over left. Step back on left. 1/4 turn right
- 3 - 4 Step right to the right side. Close left beside right
- 5 - 6 kick right forward. Kick right to right side.
- 7 - 8 Step back right. Touch left toe beside right foot.

Section 3 1/2 Turn, Stepping Left Right. Rock Behind Recover. Grapevine Left & Touch.

- 1 - 2 1/2 turn left, stepping left right.
- 3 - 4 Rock left behind right. recover on right.
- 5 - 8 Step left to left side. Step right behind left. Step left to left side. Touch right beside left.

Section 4 Grapevine Right & Touch. Hips, Left Right Left Right.

- 1 - 4 Step right to right side side. Step left behind right. Step right to right side. Touch left beside right.
- 5 - 8 Hips to the left-right-left-right.

29 Aug. 2008 Music available from iTunes

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