



Script approved by

Lisa Mx. B.

Impulse



Lee Birks & Lisa Mooney

INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Left Kick Ball Cross, Side, Right Turn, Right Kick Ball Cross, Side, Hold.		
1 & 2	Kick left diagonally forward left. Step left beside right. Cross right over left.	Kick Ball Cross	Left
3 - 4	Step left to left side. Turn body to right diagonal.	Left. Turn.	Turning right
5 & 6	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	Right
7 - 8	Step right to right side. Hold.	Right. Hold.	
Section 2	Cross Rock, Chasse Left, Cross, Hold, Side Step, Cross, Hold.		
9 - 10	Cross rock left over right. Rock back onto right.	Cross. Rock.	On the spot
11 & 12	Step left to left side. Close right beside left. Step left to left side.	Side Close Side	Left
13 - 14	Cross right over left. Hold.	Cross. Hold.	
& 15 - 16	Step left to left side. Cross right over left. Hold.	& Cross. Hold.	
Section 3	Heel Grind 1/4 Turn Left, Coaster Step, Shuffle Forward, Rock Step.		
17	Grind left heel to left side making 1/4 turn left.	Heel	Turning left
18	Take weight back onto right.	Turn	
19 & 20	Step back left. Step right beside left. Step forward left.	Coaster Step	On the spot
21 & 22	Step forward right. Close left beside right. Step forward right.	Right Shuffle	Forward
23 - 24	Rock forward on left. Rock back onto right.	Forward. Rock.	On the spot
Section 4	Shuffle 1/2 Turn Left x 2, Coaster Step, Step 1/4 Pivot Left.		
25 & 26	Shuffle 1/2 turn left, stepping - Left, Right, Left.	Shuffle Turn	Back
27 & 28	Shuffle 1/2 turn left, stepping - Right, Left, Right.	Shuffle Turn	
29 & 30	Step back left. Step right beside left. Step forward left.	Coaster Step	On the spot
31 - 32	Step forward right. Pivot 1/4 turn left, bending knees.	Step. Pivot.	Turning left
Note:	Weight ends on right with body angle to left diagonal to start dance again.		
Bridge:	Kick Ball Cross, Side Step, Turn, x 2. (added once following 2nd wall)		
1 & 2	Kick left diagonally forward left. Step left beside right. Cross right over left.	Kick Ball Cross	Left
3 - 4	Step left to left side. Turn body to right diagonal.	Left. Turn.	Turning right
5 & 6	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	Right
7 - 8	Step right to right side. Turn body to left diagonal.	Right. Turn.	Turning left

Bridge:- When using 'Horse To Mexico' a 8 count bridge is added once, following the second repetition.

Two Wall Line Dance:- 32 Counts. Intermediate Level.

Choreographed by:- Lee Birks (UK) & Lisa Mooney (Eire) Jan 2001

Choreographed to:- 'Horse To Mexico' by Trini Triggs from Fever 9.

Music Suggestion:- Can be danced to any medium tempo cha cha, leaving out bridge.