

Altern8 Swing

Phrased, 4 wall, intermediate level

Choreographer: Peter Metelnick (Can) 2002
Choreographed to: Where I Come From by Alan Jackson, When Somebody Loves You CD (124 bpm)

Sequence: 72, 72, 64 (facing RIGHT side wall), 72, 64 (facing LEFT side wall), 64 (facing back wall)

RIGHT & LEFT HEEL SWITCHES, RIGHT STRUT FORWARD, LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD SHUFFLE

- 1&2& Touch right heel forward, step right foot together, touch left heel forward, step left foot together
3-4 Touch right toes forward, step right heel down
5-6 Step left foot forward, pivot ½ right
7&8 Step left foot forward, step right foot together, step left foot forward

RIGHT & LEFT HEEL SWITCHES, RIGHT STRUT FORWARD, LEFT FORWARD, ¼ RIGHT PIVOT, LEFT CROSSING SHUFFLE

- 1-4 Repeat counts 1-4 in the previous 8 counts
5-6 Step left foot forward, pivot ¼ right
7&8 Cross step left foot over right, step right foot to right side, cross step left foot over right

RIGHT TO RIGHT SIDE, ½ LEFT & LEFT TO LEFT SIDE, FORWARD 2, RIGHT FORWARD ROCK & RECOVER, ½ RIGHT TURNING TRIPLE

- 1-2 Step right foot to right side, keeping weight on right foot turn ½ left & step left foot to left side
3-4 Step right foot forward, step left foot forward
5-6 Rock right foot forward, recover weight on left foot
7&8 Turning ½ right step right foot forward, step left foot together, step right foot forward

LEFT FORWARD ROCK & RECOVER, ½ LEFT TURNING TRIPLE, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, ¼ LEFT PIVOT TURN

- 1-2 Rock left foot forward, recover weight on right foot
3&4 Turning ½ left step left foot forward, step right foot together, step left foot forward
5-8 Step right foot forward, pivot ½ left, step right foot forward, pivot ¼ left

WEAVE LEFT 2, TURN ½ RIGHT & SIDE SHUFFLE RIGHT, WEAVE RIGHT 2, TURN ½ LEFT & SIDE SHUFFLE LEFT

- 1-2 Cross step right foot over left, step left foot to left side
3&4 Turning ½ right on left foot step right foot to right side, step left foot together, step right foot to right side
5-6 Cross step left foot over right, step right foot to right side
7&8 Turning ½ left on right step left foot to left side, step right foot together, step left foot to left side

RIGHT FORWARD & BACK ROCK & RECOVER, RIGHT KICK BALL CROSS 2X

- 1-4 Rock right foot forward, recover weight on left foot, rock right foot back, recover weight on left
5&6 Kick right foot forward, step right foot back, cross step left foot over right
7&8 Repeat counts 5&6 above travelling to the right

RIGHT HEEL GRIND TURNING ½ RIGHT, RIGHT COASTER STEP BACK, LEFT FORWARD, RIGHT TOUCH TOGETHER, RIGHT BACK TURNING ¼ LEFT, LEFT TO LEFT SIDE

- 1-2 Grind right heel forward turning toes to the right, complete ½ turn with weight on right foot
3&4 Step right foot back, step left foot together, step right foot forward
5-6 Step left foot forward, touch right toes together
7-8 Step right foot back turning ¼ left, step left foot to left side

RIGHT 3 COUNT JAZZ BOX TRAVELING BACK, LEFT 3 COUNT JAZZ BOX TRAVELING BACK, RIGHT CROSS ROCK & RECOVER

- 1-4 Cross step right foot over right, step left foot back, step right foot to right side angling body towards right diagonal, cross step left foot over right
5-8 Step right foot back, step left foot to left side angling body towards left diagonal, cross rock right foot over left, recover weight on left foot
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ALTERN8

**RIGHT SIDE SHUFFLE, LEFT ROCK BACK & RECOVER, LEFT SIDE SHUFFLE, RIGHT ROCK
BACK & RECOVER**

- 1&2 Step right foot to right side, step left foot together, step right foot to right side
3-4 Rock left foot back, recover weight on right foot
5&6 Step left foot to left side, step right foot together, step left foot to left side
7-8 Rock right foot back, recover weight on left foot
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