

I'm Not Good For Ya

32 Count, 2 Wall, Improver

Choreographer: Patrick Latendresse (Can)

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Choreographed to: I'm No Good by Laura Bell Bundy

CD: Achin' and Shakin'

Intro: 32

STEP FORWARD TWICE, SIDE ROCK STEP, ROCK STEP, STEP LOCK BACK

- 1-2 Step left forward, step right forward
- 3&4 Step left to side, recover right, step left forward
- 5-6 Rock right forward, recover to left
- 7&8 Step right back, lock left over right, step right back

FULL TURN LEFT BACK, COASTER STEP, SIDE ROCK STEP, CROSS SHUFFLE

- 1-2 Start turning a full turn left while step left back, finish turning while step on right (12:00)
- 3&4 Step left back, step right together, step left forward
- 5-6 Rock right to side, recover to left
- 7&8 Cross right over left, step left to side, cross right over left while step to left side

ROCK STEP TURN ¼ RIGHT, SHUFFLE, FULL TURN LEFT, STEP, TURN ½ RIGHT

- 1-2 Step left to side, recover to right while turn ¼ right (3:00)
- 3&4 Step left forward, slide right together, step left forward
- 5-6 Turn ½ left and step right back, turn ½ left and step left forward
- 7-8 Step right forward, turn ½ left (weight on left) (9:00)

SIDE STEP, CROSS, SHUFFLE, STEP, TURN ¼ RIGHT, STEP, PIVOT TURN ½ RIGHT

- 1-2 Step right to side, cross left behind right
- 3&4 Chassé side right, left, right
- 5-6 Step left forward, turn ¼ right (weight on right) (12:00)
- 7-8 Step left forward left, turn ½ right (weight on right) (6:00)

TAG: At the end of every second wall. When dancers are back on the original wall

ROCK STEP, BACK SHUFFLE, ROCK STEP, FORWARD SHUFFLE

- 1-2 Rock left forward, recover to right
 - 3&4 Step left back, slide right together, step left back
 - 5-6 Rock right back, recover to left
 - 7-8 Step right forward, slide left together, step right forward
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