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I'm Gonna Have A Good Day

32 count, 4 wall, Beginner/Intermediate level
Choreographer: Alan G Birchall (UK) April 2004
Choreographed to: Talking Optimist Blues (Good Day Today) by Neil Diamond from Tennessee Moon CD (105/210 bpm)

Start: On Lyrics - 8 Counts From Beat 12 Secs

¼ SIDE SHUFFLE, STEP, ½ PIVOT, ¼ TURN, SHUFFLE ¼ TURN, STEP ½ PIVOT

- 1&2 Step Right To Right, Step Left By Right, Step Right To Right Making ¼ Turn Right (Facing 3 '0' Clock)
3-4 Step Forward On Left, ½ Pivot Right (Facing 9 '0' Clock)
5&6 Make ¼ Turn Right, Step Left To Left, Step Right By Left, Step Left To Left Making ¼ Turn Left (Facing 9 '0' Clock)
7-8 Step Forward On Right, ½ Pivot Left (Facing 3 '0' Clock)

RIGHT SHUFFLE, RUMBA 'BOX', WALKS BACK

- 9&10 Step Forward On Right, Step Left By Right, Step Forward On Right
11&12 Step Left To Left, Step Right By Left, Step Forward On Left
13&14 Step Right To Right, Step Left By Right, Step Back On Right
15-16 Walk Back Left Right

COASTER STEP, WALK FORWARD, TOUCH FORWARD, BACK, STEP ½ PIVOT

- 17&18 Step Back On Left, Step Right By Left, Step Forward On Left
19-20 Walk Forward Right, Left
21-22 Touch Right Heel Forward, Touch Right Heel Back
23-24 Step Forward On Right, ½ Pivot Left (Facing 9 '0' Clock)

TOUCH FORWARD, BACK, RIGHT SHUFFLE, STEP ½ PIVOT, FULL TRIPLE TURN

- 25-26 Touch Right Heel Forward, Touch Right Toe Back
27&28 Step Forward On Right, Step Left By Right, Step Forward On Right
29-30 Step Forward On Left, ½ Pivot Right (Facing 3 '0' Clock)
31&32 Full Triple Turn Right Stepping Left, Right, Left (Facing 3 '0' Clock)
Or Alternative: 31&32 Left Shuffle Forward

Tag: After EVERY VERSE ONLY!! (Walls 1,3 & 8)

HEEL, HOOK, HEEL, FLICK, STOMP, STOMP

- 1& Touch Right Heel Forward, Hook Right Over Left Shin
2& Touch Right Heel Forward, Flick Right Heel Out To Right Side
3&4 Stomp Right By Left, Stomp Left By Right, Stomp Right (Weight Stays On Left)