

**I'm Alright**

## INTERMEDIATE

32 Count 4 Walls

Choreographed by: Martie Papendorf

Choreographed to: I'm Alright by Crystal Bowersox

**Start on vocals.**

- 1 STEP , TAP, BACK, HEEL, L & R SWIVEL, SIDE, TOGETHER, SIDE, HOOK, SIDE CHASSE, TURN**
- 1 & 2 & Step fwd R, tap L behind R, step back L, touch R heel fwd hooking thumbs on belt  
3 & Step R back, touch ball of L fwd swiveling heel on floor to 2nd position leaning back (keep weight on R)  
4 & Repeat on L stepping back L , swiveling R, keeping weight on L  
5 & 6 & Step R to R side, step L next to R (heel to R instep), step R to side, hook L over R  
7 & 8 Release thumbs and step L to side, R next to L, step L to L spinning 3/4 on ball of L dragging R in semi circle 3.00
- 2 WALK, WALK, 3 STEPS with PUNCHES, SAILOR TURNS x2**
- 1, 2 Walk fwd R, Walk fwd L,  
3 & 4 Making punching movements with fists R, L, R (elbows at waist level, fists at shoulder level) step small steps fwd R, fwd L , fwd R ,  
5 & 6 Step L behind R, turn 1/4 R stepping R to R side, recover L to L side 6.00  
7 & 8 Turn 3/4 to L stepping R back spinning 3/4 turn on ball of R foot, step L to L side, recover R to R side 9.00
- RESTART Restart here on wall 3 adding an & count
- 3 FWRD , CLAP, FWRD, CLAP, BACK, CLAP, BACK, CLAP, L ANCHOR STEP, R ANCHOR STEP**
- 1 & 2 & Step fwd L bending knee, clap hands (low), step fwd R bending knee, clap hands (low)  
3 & 4 & Step back L straightening up, clap hand chest level, step back R, clap hands chest level  
5 & 6 Step L close behind R turning shoulders/opening body to L side still facing front, recover to R, step back on L close behind R (Anchor step)  
7 & 8 REPEAT Anchor Step on R turning shoulders /opening body to R while facing front
- 4 L MAMBO BACK, WALK, WALK, R MAMBO FWRD, BACK, BRUSH, TOE TOUCH**
- 1 & 2 Rock L back, recover to R, step L next to R,  
3, 4 Walk fwd R (3), L (4) (with shoulders moving up and down keeping double time &3&4 )  
5 & 6 Rock R fwd, recover on L, step R next to L,  
RESTART Restart here on wall 5 adding an & count  
7 & 8 Step L back, brush R across L, touch R toe on outside next to L 9.00

**RESTARTS:**

1. During 3rd wall (it starts at 6.00), at the end of section 2, add an & count stepping back on L and then start again (wall 4). You will be facing 3.00
2. At the end of the 5th wall (it starts at 9.00) eliminate the last steps of section 4 (count 7&8 ) and add an & count (as in 1st restart) stepping back onto L and start again (wall 6). You will be facing 6.00

**At the end of the 5th wall the music slows down. Just keep going until it speeds up and enjoy it!**