



Approved by:

Vivienne S.

Alpha Girls

4 WALL – 48 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 & 4 5 – 6 Option 7 & 8	Walk Forward x 2, Triple Step In Place, Full Turn, Coaster Step Walk forward right. Walk forward left. Triple step in place, stepping - right, left, right. Turn 1/2 left stepping left forward. Turn 1/2 left stepping right back. Counts 5 – 6: Walk back - left, right. Step left back. Step right beside left. Step left forward.	Right Left Triple Step Full Turn Coaster Step	Forward On the spot Turning left On the spot
Section 2 1 – 2 3 & 4 & 5 – 6 7 & 8 Restart	Walk Forward x 2, Heel Switches, & Back, Drag, Coaster Step Walk forward right. Walk forward left. Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right. Step right long step back. Drag left back towards right. Step left back. Step right beside left. Step left forward. Wall 2 (facing 3:00) and Wall 5 (facing 9:00): Start the dance again.	Right Left Heel & Heel & Back Drag Coaster Step	Forward On the spot Back On the spot
Section 3 1 & 2 3 & 4 & 5 – 6 7 & 8	Kick Ball Step, Cross & Heel, & Forward Rock, Shuffle 3/4 Turn Kick right forward. Step right beside left. Step left forward. Cross right over left. Step left back. Touch right heel forward. Step right beside left. Rock forward on left. Recover onto right. Shuffle step 3/4 turn left, stepping - left, right, left.	Kick Ball Step Cross & Heel & Rock Forward Shuffle Turn	On the spot Left On the spot Turning left
Section 4 1 2 3 – 4 5 – 6 & 7 – 8	Step Forward, Step Behind, Heel Twists, Forward Rock, Heel Bounces 1/2 Turn Step right forward, toe pointing to right diagonal. Step left behind right, toe pointing to left diagonal (right heel angled to left arch). On balls of feet twist heels out (right to right, left to left). Twist heels in (weight on right). Rock forward on left. Recover onto right. Touch left slightly behind right. With weight on balls of feet, bounce heels x 2, making 1/2 turn left.	Step Behind Twist Heels Rock Forward & Bounce Bounce	Forward On the spot Turning left
Section 5 1 – 2 3 & 4 5 – 6 7 & 8	Side Rock, Behind Side Cross, Side, Touch, Chasse Right Rock right to right side. Recover onto left. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Touch right beside left. Step right to right side. Close left beside right. Step right to right side.	Side Rock Behind Side Cross Side Touch Chasse Right	On the spot Left Right
Section 6 1 – 2 & 3 – 4 5 – 6 7 – 8	Cross, Back, Ball Cross, Side, Monterey 1/2 Turn Cross left over right. Step right back. Step left beside right. Cross right over left. Step left to left side. Touch right to right side. On ball of left turn 1/2 right stepping right beside left. Touch left to left side. Step left beside right.	Cross Back Ball Cross Side Touch Turn Touch Together	On the spot Left Turning right On the spot
Ending	(Optional) Monterey 3/4 turn to face front.		

Choreographed by: Vivienne Scott (CA) July 2013

Choreographed to: 'It's A Woman's World' by Francisca Urio from CD Single; **FREE** download version by Glenn Rogers available from www.linedancermagazine.com for Linedancer subscribers (32 count intro)

Restarts: Two Restarts, both after count 16, during Walls 2 and 5



A video clip of this dance is available at www.linedancermagazine.com