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I'll Stand By You

32 count, 4 wall, intermediate level

Choreographer: Peter Metelnick & Alison Biggs (Nov 2004)

Choreographed to: I'll Stand By You by Girls Aloud,
Children In Need single or CD: What Will The
Neighbours Say?

Start after 10 count intro on the word - "ooh"

1-8 R box, L triple turning ¼ L, ¼ L & R box, L triple turning ¼ L

1&2 Step R to R side, step L together, step R back

3&4 Step L to L side, step R together, turning ¼ left step L forward

5&6 Turning ¼ left step R to right side, step L together, step R back

7&8 Step L to L side, step R together, turning ¼ left step L forward

9-16 ¾ L turn, R cross step, step L, R rock back & recover, step R, L rock back & recover, ¼ L & L forward

1&2 Turning ¼ left step R to right side, turning ½ left step L to left side, cross step R over L

&3&4 Step L to left side, rock R back, recover weight on L, step R to right side

5&6 Rock L back, recover weight on R, turning ¼ left step L forward

7&8 Step R forward, pivot ½ left, step R forward

17-24 L side rock & recover, L cross step, R sweep into L syncopated weave, R cross rock & recover, step R, L cross rock & recover, ¼ L & L to side

1&2 Rock L to left side, recover weight on R, cross step L over R

&3&4 Sweep R over L, cross step R over L, step L to left side, cross step R behind L

& Step L to L side

5&6 Cross rock R over L, recover weight on L, step R to right side

7&8 Cross rock L over R, recover weight on R, turning ¼ left step L to left side

TAG/RESTART:

On 5th wall (which starts facing front wall) add the following 4 steps - step R forward, pivot ½ L, step R forward, step L forward. Restart the dance again. (you will be facing front wall)

25-32 R cross rock & recover, step R, L cross rock & recover, ¼ L & L forward, R forward, ½ L pivot turn, R forward step lock step, L forward step lock step

1&2 Cross rock R over L, recover weight on L, step R to right side

3&4 Cross rock L over R, recover weight on R, turning ¼ left step L forward

5& Step R forward, pivot ½ L

6&7 Step R forward, lock L behind R, step R forward

&8& Step L forward, lock R behind L, step L forward