



I'll Be The One

88 count, 4 wall, intermediate level

Web site: www.linedancermagazine.com

Choreographer: Irene & Amy Williams (Aus) Jan 2002

Choreographed to: Fast As You by Dwight Yoakam

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Dance starts with weight on right foot and left toe pointed to left side.

2x Cross Step-Side Step. Cross Shuffle. 2x Side Rocks

- 1 - 2 Cross step left foot over right. Step right foot to right side.
3 - 4 Cross step left foot over right. Step right foot to right side.
5& 6 Cross step left foot over right, step right foot to right side, cross step left over right.
7 - 8 Rock right foot to right side. Rock onto left foot.

Option Hats: On cross steps lift hat above head, back to centre of body, out in front, back to centre of body, on cross shuffle put hat back onto head.

2x Cross Step-Side Step. Cross Shuffle. 2x Side Rocks

- 9 - 10 Cross step right foot over left. Step left foot to left side.
11 - 12 Cross step right foot over left. Step left foot to left side.
13& 14 Cross step right foot over left, step left foot to left side, cross step right foot over left.
15 - 16 Rock left foot to left side. Rock onto right foot.

Option Arms: On cross overs: Move arms across body in a digging motion on step overs, head facing direction of digging. On cross shuffle: Quick 1&2 movement of digging.

2x Rock Fwd-Rock Bwd-1/2 Turn Shuffle Fwd.

- 17 - 18 Rock forward onto left foot. Rock backward onto right foot.
19& 20 Turn 1/2 left & step forward onto left, close right foot next to left, step forward onto left
21 - 22 Rock forward onto right foot. Rock backward onto left foot.
23& 24 Turn 1/2 right & step forward onto right, close left next to right, step forward onto right

2x Step Fwd-Pivot 1/2 Right.

- 25 - 26 Step forward onto left foot. Pivot 1/2 right (weight on right).
27 - 28 Step forward onto left foot. Pivot 1/2 right (weight on right).

2x Rock Fwd-Rock Bwd-Full Turn Triple Step.

- 29 - 30 Rock forward onto left foot. Rock backward onto right foot.
31& 32 (on the spot) Triple step full turn left (stepping left, right-left).
33 - 34 Rock forward onto right foot. Rock backward onto left foot.
35& 36 (on the spot) Triple step full turn right (stepping right, left-right).

2x 1/4 Paddle-1/4 Paddle-Cross Shuffle-Side Rocks.

- 37 - 38 Step forward onto left foot & turn 1/4 right. REPEAT.
39& 40 Cross step left foot over right, step right foot to right side, cross step left over right.
41 - 42 Rock right foot to right side. Rock onto left foot.
43 - 44 Step forward onto right foot & turn 1/4 left. REPEAT.
45& 46 Cross step right foot over left, step left foot to left side, cross step right foot over left.
47 - 48 Rock left foot to left side. Rock onto right foot.

Option Claps: On paddles and second rock- clap.

Rock Fwd-Bwd. Triple Step Full Turn Left. Rock Fwd-Bwd. Triple Turn 3/4 Right.

- 49 - 50 Rock forward onto left foot. Rock backward onto right foot.
51& 52 (on the spot) Triple step full turn left (stepping left, right-left).
53 - 54 Rock forward onto right foot. Rock backward onto left foot.
55& 56 (on the spot) Triple step 3/4 turn right (stepping right, left-right).

2x Hip Bump-Hip Bump-Diagonal Shuffle Fwd.

- 57 - 58 Push left hip forward. Back to centre.
59& 60 (diagonal forward left) Step forward onto left, close right foot next to left, step forward onto left
61 - 62 Push right hip forward. Back to centre.
63& 64 (diagonal forward right) Step forward onto right, close left next to right, step forward onto right

Option Arms: Count 57-58 and 61-62: Arms move in a 1/2 circle clockwise fwd then (58 and 62) 1/2 circle anticlockwise. Also at same time fingers pointed in hip direction & head looking in a fwd then back direction.(all one action).

2x Rock Fwd-Rock Bwd-Shuffle Bwd.

- 65 - 66 Rock forward onto left foot. Rock backward onto right foot
67& 68 Step backward onto left foot, close right foot next to left, step backward onto left foot.
69 - 70 Rock forward onto right foot. Rock backward onto left foot.
71& 72 Step backward onto right foot, close left foot next to right, step backward onto right
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2x Kick Fwd-Kick Fwd-Moving Coaster Step

73 - 74 Kick left foot forward. REPEAT.
75& 76 (moving backward) Step backward onto left foot, step right foot past left, step right foot slightly forward.
77 - 78 Kick right foot forward. REPEAT.
79& 80 (moving backward) Step backward onto right foot, step left foot past right, step left foot slightly forward.

2x Hip Bump-Hip Bump-Diagonal Shuffle Fwd.

81 - 82 Push left hip forward. Back to centre.
83& 84 (diagonal forward left) Step forward onto left, close right foot next to left, step forward onto left
85 - 86 Push right hip forward. Back to centre.
87& 88 (diagonal forward right) Step forward onto right, close left next to right, step forward onto right
Option Arms: Count 57-58 and 61-62: Arms move in a 1/2 circle clockwise fwd then (58 and 62) 1/2 circle anticlockwise.
At same time fingers pointed in hip direction & head looking in a fwd then back direction.(all one action).

DANCE FINISH: For exhibition use when wanting ALL dancers to end up facing front:

All dance up to count 30 then - Dancers facing back wall do full turn, rocks, 1/2 turn.
Dancers facing home wall continue as normal to count 33.

Choreographers note:- Amy & I had a lot of fun and laughs over this dance, didn't know she had such flare, boy did the bathroom beckon me a lot, music fits well so use a lot of flare when dancing it. Hope you like it as much as we do
Dance note:- This dance can be used as for exhibition work with two dancers or more, back to back & side by side.

2nd Place Australian Choreographers Championships, Tamworth 2002