

If You're Not!**IMPROVER**

48 Count 4 Walls

Choreographed by: Rhian Watkins

Choreographed to: If You're Not
In It For Love by Shania Twain**RIGHT AND LEFT KICKBALL TOUCH WITH TOUCHES LEFT AND RIGHT**

- 1 & 2 Kick right foot forward, step in place with right foot, touch left foot next to right
3 - 4 Touch left foot out to left side, touch left next to right foot
5 & 6 Kick left foot forward, step in place with left foot, touch right foot next to left
7 - 8 Touch right foot out to right side, touch right next to left foot

KICKS AND STEPS FORWARD

- 1 - 2 Touch right foot to right side, kick right forward
3 - 4 Touch right to right side, step forward on right
5 - 6 Touch left to left side, kick left in front of right
7 - 8 Touch left to left side, step forward on left

ROCK FORWARD AND BACK SHUFFLE, ROCK BACK AND SHUFFLE FORWARD

- 1 - 2 Rock forward on right, step back on left
3 & 4 Right shuffle back right, left, right
5 - 6 Rock back on left, step forward on right
7 & 8 Left shuffle forward on left, right, left

ROCK FORWARD AND CROSS SHUFFLE

- 1 - 2 Rock forward on right, rock back onto left making 1/4 turn left
3 & 4 Left crossing shuffle, cross right over left, bring left next to right, step right to left side
5 - 6 Rock to left on left foot, rock back onto right
7 & 8 Right crossing shuffle, cross left over right, bring right next to left, step left to right side

ROCK TOGETHER CROSSES

- 1 & 2 Rock to right on right foot, step left next to right, cross right over left
3 & 4 Rock to left on left foot, step right next to left, cross left over right

SIDE ROCKS AND MODIFIED SAILOR STEP

- 1 - 2 Rock to right on right foot, rock back onto left
3 & 4 Step right behind left, step left to left side, step right across left
5 - 6 Rock to left side on left foot, rock back onto right
7 & 8 Step left behind right, step right to right side, step left across right

ROCKS FORWARD AND BACK

- 1 - 2 Rock forward onto right, rock back onto left
3 - 4 Rock back onto right, rock forward onto left