

## If U

32 Count, 4 wall, Beginner/Intermediate level

Choreographer : Tim Allen (UK) Nov 2001

Choreographed to : If You Come Back by Blue

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### 1-8 Hips Bumps, 1/4 turn sailor step, Left Mambo, Back Lock Step

- 1&2 Hips bumps - right(1) left(&) right(2)  
&3&4 Bump hips left(&) step right behind left making 1/4 turn right, step left to left side, step right to right side  
5&6 Rock forward on left, rock back on right, step left in place  
7&8 Step right back, cross left in front of right, step back on right

### 9-16 Coaster Step, step pivot point, syncopated weaves

- 9&10 Step back left, step right beside left, step forward left  
11&12 Step forward right, pivot half turn over left shoulder, point right toe forward  
13&14 Cross right behind left, step left to left side, cross right in front of left  
15&16 Cross left behind right, step right to right side, cross left in front of right

### 17-24 Kick ball points, point kick step, coaster step

- 17&18 Kick right forward, step right in place, point left toe to left  
19&20 Kick left forward, step left in place, point right toe to right  
21&22 Point right toe forward, kick right forward, step right beside left  
23&24 Step left back, step right beside left, step left forward

### 25-32 Step lock steps, Syncopated Jazz box with slide right

- 25&26 Step right forward, step right behind left, step right forward  
27&28 Step left forward, step right behind left, step left forward  
29&30 Cross right over left, step back left, large step right to right side  
31-32 Slide left beside right, place weight on left

Notes: Two tracks on single!! Use Track 1 (radio edit) for teaching. Track 3(black smith rnb rub) start as soon as beat kicks in