

If Only!!!!

42 count, 2 wall, intermediate level
Choreographer: Barry Cook (UK) April 2002
Choreographed to: Mrs Steven Rudy by Mark
McGuinn, Mark McGuinn Album

Sequence: A B A C C B A B A A C A A A

Section A. 32 counts

2X Heel switches, hook ¼ turn left, weave, scissor step.

- 1&2& Place right heel forward, replace right next to left, Place left heel forward, replace left next to right
- 3&4 Step forward on right, hitch left foot behind right knee to make a "4" shape with your legs {making ¼ turn left} Step left to left side
- 5&6 Cross right behind left, step left to left side, cross right over left
- 7&8 Step left to left side, step right next to left, cross left over right

½ Chasses, rock & rock & toe twists

- 1&2 Step right to right side {making ¼ turn right}, step left next to right, step forward on right
- 3&4 Step forward on left {making ¼ turn right}, step right next to left, step left to left side
- 5&6& Cross rock right behind left {on the ball of right foot}, recover weight back onto left, rock right to right side {on ball of right foot}, recover weight back onto left
- 7&8 Point right foot forward, twist heels right, centre {keeping weight on left}

Coaster, rock, coaster, shuffle forward

- 1&2 Step back on right, step left next to right, step forward on right
- 3-4 Rock forward on left, recover weight back onto right
- 5&6 Step back on left, step right next to left, step forward on right
- 7&8 Step forward on right, step left next to right, step right forward

½ Ball turn, crossing shuffle, scissor step, step ¼ step

- 1-2 Step forward on left, on ball of left foot make ½ turn to left {while hitching right knee}
- 3&4 Cross right over left, step left to left side, cross right over left
- 5&6 Step left to left side, step right next to left, cross left over right
- 7-8 Step right to right side {making ¼ turn left}, step left to left side

Section B.6 counts

2X Shuffles, step ½ pivot

- 1&2 Step forward on right, step left next to right, step forward on right
- 3&4 Step forward on left, step right next to left, step forward on left
- 5-6 Step forward on right, make ½ turn to left {changing weight back onto left foot}

Section C.4 counts

2x Sailor steps

- 1&2 Cross right behind left, step left to left side, step right to left side
- 3&4 Cross left behind right, step right to right side, step left to left side
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