

If I Don't Dance

32 Count, 4 Wall, Improver

Choreographer: Johnny Two-Step (UK) May 11
Choreographed to: If I Don't Dance by Kelly Hunt,
CD: Swingin' The Blues Vol 1

Start dancing on lyrics

Rock Recover, Shuffle ½ Turn, Rock Recover, Coaster Step

1-2 Rock right forward left back
3&4 Shuffle turn ½ right, stepping right, left, right
5-6 Rock left forward, step right back
7&8 Step left back, step right together, step left forward

Forward Right Toe Strut, Left Toe Strut, ½ Toe Strut, ¼ Toe Strut

1-2 Step right toe forward down heel down
3-4 Forward left toe down heel down
5-6 Turn ½ left and step right back toe heel
7-8 Turn ¼ left and step left toe heel to left side

Step Lock Shuffle, Step ¾ Turn, Side Shuffle

1-2 Step right forward cross left behind right
3&4 Chassé forward right, left, right
5-6 Step left forward ¾ turn right on right
7&8 Side shuffle left stepping left right left

Cross Behind ¼ Turn, Shuffle Forward, Rock Recover, Coaster Step

1-2 Cross right behind left turn ¼ left on left
3&4 Chassé forward right, left, right
5-6 Rock left forward right back
7&8 Step left back, step right together, step left forward