



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

If I Could Bottle This Up!

32 count, 4 wall, intermediate level

Choreographer: Pauline Bell (England) Feb 02
Choreographed to: If I Could Bottle This Up by Paul
Overstreet From The Best Of Paul Overstreet

Section 1 Right Kickball Change, Scuff, Brush, Brush, Turn, Pivot ¼ turn

- 1&2 Kick Right Forward. Step right beside left. Step Left in place.
3-4 Scuff Right Foot forward. Brush Right Foot Back.
5-6 Brush Right Foot Forward. Touch Right Foot to Right side.
7-8 Pivot 1/4 turn Right. Pivot Half turn left.

Section 2 Left Rock, Left Sailor, Right Sailor ¼ Turn, Left Back Rock

- 9-10 Rock left to left side, Rock back onto right
11&12 Cross left behind Right. Step Right to Right side. Step Left in place
13&14 Cross Right behind Left. Step Left to Left side. Step Right in place (turning ¼ left)
15-16 Rock back onto left. Rock Forward onto Right

Section 3 Kickball Change, Forward Rock, Shuffle back, Sweep Turn

- 17&18 Kick Left Forward. Step left beside left. Step right in place
19 -20 Rock Forward on Left. Rock back onto Right
21&22 Step left back, close right to left, step back left.
23-24 Swing/sweep right foot out from back to front. Pivot half turn right.

Section 4 Left Sailor, Right Sailor, Behind Unwind, Right Rock

- 25 & 26 Cross Left behind Right. Step Right to Right side. Step Left in place
27 & 28 Cross Right behind Left. Step Left to Left side. Step Right in place. (turning ¼ left)
29-30 Point left behind right, unwind half a turn left.
31-32 Rock to right side on Right. Rock back onto left.