

# Ice

Siobhan Dunn and Headliners

Type : 32 count, 4 wall, Funky  
Level : Intermediate/Advanced  
Music : "Ice Ice Baby (remix) " by Vanilla Ice

## R ARM UP AND OVER, L ARMUP, HEAD TURN L. EGYPTIAN STRUTS TO L WITH HEAD PUSH

- 1 RF to right side (3:00), bring bent right arm up to right shoulder height while circling wrist so palm ends facing up and turn head to right
  - 2 circle right wrist so palm ends facing down (keep head right)
  - 3 keeping right arm and head still, bring bent left arm up to left shoulder height and circle wrist so palm faces up.
  - 4 turn head to left and transfer weight onto left foot
  - 5 RF cross over left and push head forward and backward to 9:00
  - 6 push head forward and backward to 9:00
  - 7 LF to left side while pushing head forward and backward to 9:00
  - 8 push head forward and back to 9:00
- \* on counts 5,6,7,8 keep arms up from the end of count 4

## JUMP CROSS, JUMP OUT. HEAD FLICKS AND TOUCHES

- 1 RF & LF jump to end with right front crossed in front of left and left behind right.
- 2 RF & LF jump both feet back out apart
- 3, 4 flick head to left, flick head back to center transferring weight onto left (3:00)
- & RF small step to 1:30 (hands on thighs)
- 5 LF touch next to right (drag hands up body to hips)
- & LF small step to 10:30
- 6 RF touch next to left (drag hands up to chest)
- & RF small step to 1:30
- 7 LF touch next to right (drag hands up to shoulders)
- & LF small step to 10:30
- 8 RF touch next to left. (End with arms straight up above head)

## KNEE POPS, SWING ARM L AND R, HOP ROUND L, HOP ROUND R, FINISH ON BOTH FEET APART

- 1 RF transfer weight onto, bringing the left heel up
- 2 LF transfer weight onto, bringing the right heel upcenter), put left arm straight out in front of body at chest height and swing right arm to the left underneath it across the body.
- 4 swing right arm back to the right side and transfer weight on to right foot.
- 5 RF hitch left foot up to knee and hop 1/2 a turn left to face 6:00
- 6 RF jump 1/2 turn left to face 12:00 and land on both feet apart
- 7 LF hitch right foot up to knee height and hop 1/2 turn right to face 6:00
- 8 LF jump 1/2 turn right to face 12:00 and land on both feet apart

## THRUSTS, KNEEL DOWN & UP, CROSS ROCK AND RECOVER, INDIAN ARM & LEG MOVEMENT

- 1 with hands behind head, thrust hips forward and recover
- 2 with hands behind head, thrust hips forward and recover
- 3 bend and put right knee next to left foot on floor
- 4 jump up and end with feet apart
- 5 LF cross rock forward on left to 1:30
- & RF step back (recover) to 6:00
- 6 LF step together next to right
- 7 RF tap over left to Palm facing floor and left Arm is bent at shoulder  
Height in front of body with palm facing the floor.
- & hitch right leg up whilst right arm lifts up to shoulder height in front of body (bent)  
and left arm comes down to hip height in front of body
- 8 bring right arm down (palm down) in front of body,  
and left arm up to shoulder height and bent (palm down)

To start the dance again, step an 1/8 to the right to start count one...