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- 1 Skate R, Skate L, Right Shuffle, Skate L, Skate R, Left Shuffle**  
1 – 2 Skate Right, Skate Left  
3&4 Step forward Right Diagonal, Step Forward Left, Step Forward Right  
5 – 6 Skate Left, Skate Right  
7&8 Step Forward Left Diagonal, Step Forward Right, Step Forward left
- 2 Cross Rock Right, Recover, ¼ Turn Chasse, Left Pivot ½ Turn, ½ Turn Shuffle**  
1 – 2 Cross Rock Right Over Left, Recover On Left  
3&4 Step Right To Side, Step Left Beside Right, ¼ Turn Right  
5 – 6 Step Forward on Left, Pivot ½ Turn Right  
7&8 ½ Turn Shuffle ( Left, Right, left)
- 3 Step R ¼ Turn, Touch Left, ¼ Chasse Left, Rock Fwd Right, Recover, Right Lock**  
1 – 2 Step Right Foot ¼ Turn Right, Touch Left Beside Right  
3&4 Step Left To Side, Step Right Beside Left, Step Left ¼ Turn left  
**\*Restart** Here On Wall 2 And 4  
5 – 6 Rock Forward On Right, Recover On Left.  
7&8 Step Back Right, Lock Left In Front Of Right, Step Right Back
- 4 Full Turn Back, ¼ Left Sailor, Step Right to Side, Touch, Chasse**  
1 – 2 Turn ½ Stepping On left, Turn ½ Stepping Back On Right  
3&4 Cross Left Behind Right ¼ Turn, Step Right To Side, Step Left In Place  
5 – 6 Step Right To Side, Touch Left Beside Right  
7&8 Step Left To Side, Step Right Beside Left, Step left to Side. ( 12 o'clock)
- 5 Skate Right, Skate left, Right Shuffle, Skate Left, Skate Right, Left Shuffle**  
1 – 2 Skate Right, Skate Left  
3&4 Step Fwd Right Diagonal, Step Left Beside Right, Step Right forward  
5 – 6 Skate Left, Skate Right  
7&8 Step Fwd Left Diagonal. Step Right Beside Left, Step Left Forward
- 6 Rock Right Fwd, Recover. ¾ Turn Shuffle, Rock Left Fwd, Recover, Left Behind, Side, Cross**  
1 – 2 Rock Forward On Right, Recover On Left  
3&4 ¾ Turn Shuffle (Right, Left, Right)  
5 – 6 Rock Forward On Left, Recover On Right  
7&8 Step Left Behind Right, Step Right To Side, Cross Left Over Right
- 7 Side Rock, Recover, Step Right Behind, ¼ Turn Left, Step Fwd Right, Rock Fwd Left, Recover, Left Lock**  
1 – 2 Side Rock Right To Side, Recover On left  
3&4 Step Right Behind Left, ¼ Turn Stepping On Left, Step Forward Right  
5 – 6 Rock Forward On Left, Recover On Right  
7&8 Step Back On left, Lock Right In Front Of Left, Step Back Left
- 8 Full Turn (\*Or Right Coaster Step) ½ Turn Shuffle, ¼ Turn Right, Touch, Chasse Left**  
1&2 Step Back Right ½ turn Right, Step Forward On left Pivot ½ Turning Right Transfer Weight To Right Foot or (Easy Option Taking Out The Full Turn)  
1&2 \* Step Back Right, Step Back Left Beside Right, Step Right Forward  
3&4 ½ Turn Shuffle Left Turning Right ( Left, Right, left)  
5 – 6 ¼ Turn Right To Side, Touch Left Beside Right  
7&8 Step Left To Side, Step Right Beside Left, Step left To Side ( 3 o'clock)

**Restarts:** During Wall 2 and Wall 4 Dance first 20 Counts In Section 3 \*Counts 3&4 .  
Restart Dance Again At Beginning To Fit Phrasing of Music.

**Easy Option:** Section 8 Count 1&2. You Have The Option To Take Out The Tricky Full Turn And Do A Coaster Step Which Will Help You With Counts 3&4 As The ½ Shuffle Turns Right (The Whole Section 1 -6 Turns To The Right If Putting In The Turns Which Is 1 ¾ In Total)

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