

I Swear

48 Count, 4 Wall, Improver

Choreographer: Dan Albro (USA) April 2010

Choreographed to: I Swear by Dan Albro & Sons

Start 16 counts from where the whole band comes in

4 TOE, HEEL STRUTS (BOX)

1-2-3-4 Step right toe forward, drop right heel, step left toe side, drop left heel

5-6-7-8 Step right toe back, drop right heel, step left toe side, drop left heel

Optional: finger snapping or claps on the heel drops

VINE RIGHT, BRUSH, LOCK FORWARD, ¼ BRUSH

1-2-3-4 Step right to side, cross left behind, step right to side, brush left forward

5-6-7-8 Step left forward, lock right behind left, step left forward, turn ¼ left and brush right forward

VINE RIGHT, BRUSH, ¼ TURN, CLAP, ½ TURN, CLAP

1-2-3-4 Step right to side, cross left behind right, step right to side, brush left forward

5-6 Turn ¼ left and step left forward, clap

7-8 Turn ½ left and step right back, clap

SLOW COASTER, HOLD, ROCKING CHAIR

1-2-3-4 Step left back, step right together, step left forward, hold

5-6 Rock right heel forward, recover to left

7-8 Rock right back, recover to left

CROSS STRUT, ROCK, CROSS STRUT, STEP, ¼ TURN

1-2-3-4 Cross right toe over left, drop right heel, rock left to side, recover to right

5-6-7 Cross left toe over right, drop left heel, step right to side

8 Turn ¼ left and step left forward

STOMP, FAN, FAN, STOMP, STOMP, FAN, FAN, STOMP

1-2-3-4 Stomp right together, fan right toes out, fan right toes in, stomp right together

5-6-7-8 Stomp left together, fan left toes out, fan left toes in, stomp left together