

I Promise You

32 Count, 4 Wall, Improver

Choreographer: William Brown (Scotland)

February 2009

Choreographed to: I Shall Return by Billy Currington
(124 bpm)

Intro: On vocals - 32 counts / 17 secs (approx)

CROSS ROCK RECOVER CHASSE, CROSS ROCK RECOVER ¼ CHASSE

- 1,2 Rock L across R, recover back on R [12]
- 3&4 Step L to L, close R beside L, step L to L
- 5,6 Rock R across L, recover back on L
- 7&8 Step R to R, close L beside R, turn 1/4 R and step forward R [3]

STEP FORWARD, REVERSE ½ TURN, STEP BACK, HOOK (x2)

- 1,2,3,4 Step forward L, turn ½ L and step back R, step back L, hook R across L shin (clicking fingers at shoulder height) [9]
- 5,6,7,8 Step forward R, turn ½ R and step back L, step back R, hook L across R shin (clicking fingers at shoulder height) [3]

Restart here on wall 3 – facing 9 o'clock

STEP FORWARD, LOCK, STEP LOCK STEP, CROSS, BACK ½ SHUFFLE

- 1,2 Step forward L, lock R behind L
- 3&4 Step forward L, lock R behind L, step forward L
- 5,6 Cross R over L, step back on L
- 7&8 Turn ¼ R and step R to R side, close L beside R, turn another ¼ R and step forward R [9]

CROSS, BACK, SIDE, CROSS ROCK, RECOVER, CHASSE, FLICK

- 1,2,3 Cross L over R, step back R, step L to L side
- 4,5 Rock R across L, recover back on L
- 6&7 Step R to R side, close L beside R, step R to R side
- 8 Bending leg at knee flick L out to L side

RESTART: After 16 counts of wall 3 (facing 9 o'clock)

TAGS:

At end of wall 5 (facing 3 o'clock) add 2 counts;

- 1,2 Rock L across R, recover back on R

At end of wall 6 (facing 12 o'clock) add 4 counts

- 1,2 Rock L across R, recover back on R, rock L out to L side, recover on R

ENDING: At end of wall 10 (facing 12 o'clock) repeat last 8 counts
