

**CROSS OVER, RETURN, SIDE-TOGETHER-SIDE TO THE LEFT, REPEAT RIGHT**

- 1 - 2 Cross-step left over right facing body at right diagonal (lift right foot off floor), return onto right in place  
3 & 4 Step left side left, step right next to left, step left side left  
5 - 6 Cross-step right over left facing body at left diagonal (lift left foot off floor), return onto left in place  
7 & 8 Step right side right, step left next to right, step right side right

**ROCK FORWARD, RETURN, 1/3 TURN-TOGETHER-FORWARD, FORWARD, 1/2 PIVOT, SHUFFLE FORWARD**

- 1 - 2 Rock-step forward onto left (lift right foot off floor), return onto right in place  
3 & 4 Step left back beginning a 1/2 turn left, step right next to left finishing turn, step left forward  
5 - 6 Step right forward, pivot 1/2 turn to the left bringing weight forward onto left foot  
7 & 8 (Run, run, run) Step right forward, step left next to right, step right foot forward and slightly side right on the right diagonal

**/Styling note: Hesitate just a little after count 6 and then do the 7&8 like you are having to RUN to catch up.**

**CROSS, 1/4 LEFT, COASTER STEP, FORWARD, 1/2 RIGHT, COASTER STEP**

- 1 - 2 Cross step left over right (look over left shoulder), making a 1/4 turn left take a big step back on the right foot (facing 1/4 left of start)  
3 & 4 (Coaster step) Step ball of left foot back, step ball of right foot next to left, step left forward  
5 - 6 Step right forward (look over right shoulder), making a 1/2 turn right take a big step back on the left foot  
7 & 8 (Coaster step) Step ball of right foot back, step ball of left foot next to right, step right forward

**ROCK, RETURN, CROSS-BALL-CHANGE, CROSS-BALL-1/4 RIGHT, FORWARD, 1/2 PIVOT**

- 1 - 2 Rock-step forward onto left (lift right foot off floor), return onto right in place  
3 & 4 (Sailor shuffle) Cross-step ball of left behind right, step ball of right next to left, step left side left  
5 & 6 Cross-step ball of right behind left, step ball of left next to right, step right side right into 1/4 turn to the right  
7 - 8 Step left forward, keep left & right in place, pivot 1/2 turn right, bring weight forward onto right foot (facing starting wall)

**ROCK, RETURN, CROSS-BALL-CHANGE, CROSS-BALL-1/4 RIGHT, FORWARD, 1/2 PIVOT**

- 1 - 8 Repeat previous 8 counts. End facing 1/4 left of starting wall

**ROCK, RETURN, 1/2 TURN-TOGETHER-FORWARD, FORWARD 3/4 TURN TWIST, SIDE-CROSS-SIDE**

- 1 - 2 Rock-step forward onto left (lift right foot off floor), return onto right in place  
3 & 4 Step left back beginning a 1/2 turn left, step ball of right foot next to left finishing turn, step left forward  
5 - 6 Step right forward, keep right & left in place, pivot 3/4 turn left ending in crossed position (left over right, weight is left)

**/Twist as much as feels comfortable. Adjust as needed on count 7 to bring you to the back wall.**

- 7 & 8 (Run, run, run) Step right side right, cross step left over right, step right side right (these travel to the side, not the diagonal)