

I Only Go... UP!

BEGINNER

32 Count 4 Walls

Choreographed by: Michael Lynn

Choreographed to: Up! by The Saturdays

Section 1 SHUFFLE BACK RIGHT, BACK LEFT ROCK RECOVER, SHUFFLE FORWARD LEFT, STEP, PIVOT 1/4 TURN LEFT

- 1 & 2 Step back right, close left beside right, step back right,
3 - 4 Rock back left, recover right,
5 & 6 Step forward left, close right beside left, step forward left,
7 - 8 Step forward right, pivot 1/4 turn left.
RESTART: Restart dance from beginning at this point on Wall 10.

Section 2 JAZZ BOX, SIDE-TOUCH, 1/4 SIDE TOUCH

- 1 - 2 Cross right over left, step back to left side,
3 - 4 Step right to right side, touch left to right side,
5 - 6 Step left to left side, touch right beside left,
7 - 8 Step right 1/4 left, step left beside right.

Section 3 BOX STEP

- 1 - 2 Step forward right, touch left beside right,
3 - 4 Step left to left side, step right beside left,
5 - 6 Step left back, touch right beside left,
7 - 8 Step right to right side, step left beside right.

Section 4 FORWARD ROCK, BACK ROCK, STEP, PIVOT 1/4 TURN LEFT, STOMPS x2

- 1 - 2 Rock forward right, recover left,
3 - 4 Rock back right, recover left,
5 - 6 Step forward right, pivot 1/4 turn left,
7 - 8 Stomp right, stomp left.

RESTART: On Wall 10 (3`o clock), dance upto count 8 and restart the dance facing your home wall from the beginning.