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- 1,2 Heel strut: touch right heel forward, slap right toes down
3,4 Bending knees: step left forward diagonally left, step right forward diagonally right
5,6 Heel strut: touch left heel forward, slap left toes down
7,8 Bending knees: step right forward diagonally right, step left forward diagonally left
1,2 Step right forward, step left beside right
3,4 Step right back, step left beside right
5,6 Step right forward, step left beside right
7 Hold
& 8 Step right-left on spot
1,2 Heel strut: touch right heel forward, slap right toes down
3,4 Step left forward diagonally left, step right forward diagonally right
5,6 Heel strut: touch left heel forward, slap left toes down
7,8 Step right to right side, step left across behind right turning 1/4 turn right
1,2 Step right forward, step left beside right
3,4 Step right back, step left beside right
5,6 Step right forward, step left beside right
7 Hold
& 8 Step on spot right-left
1,2,3,4 Vine right-left-right, touch left beside right
5,6,7,8 Vine left-right-left, turning 1/2 turn left on beat 7, scuff right forward
1,2 Step right forward, scuff left forward
3,4 Step left forward, scuff right forward
5,6 Step right forward, step left beside right
7,8 Step right back, step left beside right
1 - 8 Repeat above steps
1,2 Step/rock forward on right, rock back onto left
3,4 Step right beside left, hold
& 5 Step left-right on spot
6 Turn 1/4 turn left on balls of both feet taking weight onto right
7,8 Heel strut: touch left heel forward, slap left toes down

REPEAT