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I Melt

32 Count, 4 Wall, Intermediate Choreographer: Lorraine Turner (Aus) Jan 2013 Choreographed to: I Melt by Rascal Flatts

Intro: 18

	RIGHT SAMBA, LEFT SAMBA, TURN ½ LEFT, TURN ½ RIGHT
1&2	Rock right side, recover to left, cross right over left
3&4	Rock left side, recover to right, cross left over right
5&6	Step right back, turn ½ left and step left forward, rock right forward
7&8	Recover to left, turn ½ right and step right forward, step left forward
	SYNCOPATED BEHIND SIDE FRONT, LEFT. SYNCOPATED BEHIND SIDE FRONT, RIGHT WITH A ½ RIGHT TURN. FOUR SYNCOPATED STEPS TO THE LEFT
1&2	Cross right behind left, step left side, cross/rock right over left
3&4	Recover to left, step right side, turn ¼ right and step left forward
5&6&	Cross right behind left, step left side, cross right over left, step left side
7&8	Cross right behind left, step left side, cross/rock right over left
	ROCK BACK LEFT, FOUR SYNCOPATED STEPS TO THE RIGHT, ROCK BACK RIGHT, TURN ½ LEFT TWICE, ROCK LEFT, TURN ½ RIGHT TWICE
1&2&	Recover to left, step right side, cross left over right, step right side
3&4	Cross left behind right, step right side, cross/rock left over right
5&6	Recover to right, turn ¼ left and step left forward, turn ¼ left and step right side
7-8	Turn ¼ right and step left back, turn ½ right and step right forward, turn ¼ right and step left side
	COASTER CROSS, STEP LEFT, DRAG RIGHT TO LEFT, LEFT TO RIGHT, TURN ¼ RIGHT COASTER STEP, STEP RIGHT FORWARD, ¼ LEFT, ½ LEFT
1&2	Right coaster cross
3&4&	Step left side, touch right together, step right side, turn ¼ right and touch left together
5&6	Left coaster step
&7&8	Step right forward, turn ¼ left (weight to left), step right forward, turn ½ left (weight to left)
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