

**Side, Behind, Toe Strut**

- 1 - 2 Right Steps To Right Side. Cross Left Behind Right.  
3 - 4 Step Right Toe To Right Side. Drop Right Heel Taking Weight.  
5 - 6 Left Steps To Left Side. Cross Right Behind Left.  
7 - 8 Step Left Toe To Left Side. Drop Left Heel Taking Weight.

**Cross & Hold Steps Forward, Rock And Recover.**

- 9 - 10 Cross Right Over Left. Hold.  
11 - 12 Cross Left Over Right. Hold.  
13 - 14 Cross Right Over Left. Hold.  
15 - 16 Rock Forward On Left. Rock Back Onto Right Foot.

**Cross & Hold Steps Back, Rock And Recover.**

- 17 - 18 Cross Left Over Right. Hold.  
19 - 20 Cross Right Over Left. Hold.  
21 - 22 Cross Left Over Right. Hold.  
23 - 24 Rock Forward On Right. Rock Back Onto Left Foot.

**4 X Heel And Toe Struts.**

- 25 - 26 Touch Right Heel Forward. Drop Right Toe Taking Weight.  
27 - 28 Touch Left Toe Beside Right. Drop Left Heel Taking Weight.  
29 - 32 Touch Right Heel Forward. Drop Right Toe Taking Weight.  
33 - 36 Touch Left Toe Beside Right. Drop Left Heel Taking Weight.

**Side, Together, Step And 1/4 Turn Left.**

- 37 - 38 Touch Right Toe To Right Side. Touch Right Toe Beside Left.  
39 - 40 Step Forward Right. Pivot 1/4 Turn Left.