

## **WALKS RIGHT/LEFT, OUT/OUT, APPLE JACKS LEFT (2 X), HITCH, SLIDE RIGHT, HOLD & CROSS**

- 1& Step right foot forward, step left foot forward (&)
- 2& Step right foot out to right, step left foot out to left (&)
- 3 Swivel left toes toe left, while pushing right heel in
- & Swivel both feet back to center (feet shoulder width apart)
- 4& Repeat 3&, end with weight on left foot
- 5 Hitch right knee in front of left leg
- 6 Right foot slight to right side
- 7 Hold
- & Step left foot next to right foot
- 8 Right foot cross in front of left foot

Optional: you can bounce shoulders to right, while doing apple jacks

## **UNWIND FULL TURN LEFT, BEND KNEES, JUMP RIGHT/LEFT/RIGHT, SLIDE LEFT, STEP TOGETHER, JUMPS WITH ¼ TURN LEFT**

- 1 Unwind, full turn left on ball of both feet
- 2 Place hands on knees (elbows out), while bending slightly forward
- 3 Jump with both feet together (small jumps) to right
- & Jump to left
- 4 Jump to right
- Hands are still on knees while jumping
- 5 Left foot slide to left side
- 6 Step right foot next to left foot
- 7 Jump with both feet slightly to left
- & Repeat count 7
- 8 Repeat count 7, but turn ¼ left as well on this last jump (end facing 9:00, weight ends on left)

## **JUMP FORWARD ON RIGHT, KICK FORWARD / BACK LEFT HITCH WITH ½ TURN LEFT, LEFT STEP FORWARD, RIGHT TOUCH NEXT TO LEFT, FULL TURN FORWARD (RIGHT/LEFT), BODY SHAKE**

- 1 Jump forward on right foot (lean slightly forward)
- & Kick left foot forward
- 2 Kick left foot forward
- & Turn ½ left on ball of right foot, while hitching left knee up (end facing 3:00)
- 3 Step left foot forward
- 4 Touch right foot next to left foot
- 5 Make ½ turn left stepping right foot backward
- 6 Make ½ turn left, stepping left foot forward (facing 3:00)
- 7 Right foot, touch next to left foot, while shaking upper body
- & Shake upper body
- 8 Shake upper body

## **LEANS WITH KNEE BUMPS (4X), WITH ¼ TURN RIGHT**

- 1 Step right foot backwards, (lean slightly backwards with upper body while popping left knee up)
- 2 Pop left knee up
- & Make ¼ turn right on ball of right foot, (facing 6:00)
- 3 Step left foot out to left, while popping right knee up (lean slightly to left with upper body)
- 4 Pop right knee up
- 5-8 Repeat counts 1 to 4, but without the ¼ turn so you will begin the dance to 6:00 wall