

I Feel Bad

32 Count, 4 Wall, Improver

Choreographer: Roland (Gutz) Gutzwiller
(Switzerland) February 2011

Choreographed to: I Feel Bad by Andy Martin
(Switzerland), CD: Eleven (112 bpm)

Start after 16 counts

- I** **ROCK R RIGHT, RECOVER, CROSS SHUFFLE R, L, R**
 L LEFT, 1/2 RIGHT HOOK R, FWD SHUFFLE R, L, R
1 2 3&4 Rock R right, recover on L, cross R over L, L left, cross R over L
5 6 7&8 L left, turn 1/2 right on L and hook R in front of L, R fwd, L next, R fwd (06.00)
- II** **ROCK L FWD, RECOVER, L COASTER STEP**
 R FWD, 1/4 LEFT, R KICK BALL CHANGE
1 2 3&4 Rock L left fwd, recover on R, L backwards, R next to L, L fwd
5 6 7&8 R fwd, 1/4 left, kick R fwd, step on R, step L next to R (03.00)
- III** **R FWD DIAG RIGHT, TOUCH L, L KICK BALL CROSS**
 L FWD DIAG LEFT, TOUCH R, R KICK BALL CROSS
1 2 3&4 R fwd diag right, touch L next to R, kick L fwd, step down on L, cross R over L
5 6 7&8 L fwd diag left, touch R next to L, kick R fwd, step down on R, cross L over R
- IV** **R FWD, 1/2 LEFT, FWD SHUFFLE R, L, R**
 TURN 1/2 RIGHT L BEHIND, TURN 1/2 RIGHT L FWD, SHUFFLE FWD L, R, L
1 2 3&4 R fwd, turn 1/2 left, R fwd, L next to R, R fwd
5 6 7&8 Turn 1/2 right and L behind, turn 1/2 right and R fwd, L fwd, R next to L, L fwd (09.00)

BEGIN AGAIN..... AND SMILE !
