I Feel A An Growhield (a.k.a. Rocky's My Guy)

\bigcirc			Jan 'Stray Cat' Brookfiel
STEPS	Actual Footwork	Calling Suggestion	Direction
Section 1	Side Rock. Right Chasse. Cross Rock. Heel Ball Cross.		
1 - 2	Rock right to right side. Rock onto left in place.	Side. Rock	On the spot
3 & 4	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
5 - 6	Cross rock left behind right. Rock forward onto right.	Cross Rock	On the spot
7 & 8	Tap left heel forward. Step left beside right. Cross step right over left.	Heel Ball Cross	On the spot
Section 2	Step 1/4 Turn Right, Left Shuffle, Jazz Box.		
9 - 10	Rock left to left side. Rock onto right making 1/4 turn right.	Rock. Turn.	Right.
11 & 12	Step forward left. Close right beside left. Step forward left.	Left Shuffle.	Forward
13 - 14	Cross step right over left. Step back on left.	Cross. Back	On the spot
15 - 16	Step right to right side. Step left beside right.	Side. Together.	
Section 3	Right Chasse, Cross Rock, Left Chasse, Back Rock.		
17 & 18	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
19 - 20	Cross rock left over right. Rock back onto right.	Cross Rock.	On the spot
21 & 22	Step left to left side. Close right beside left. Step left to left side.	Side Close Side	Left
23 - 24	Cross step right behind left. Rock forward left.	Back Rock.	On the spot
Section 4	Monterey Turn Right. Left Chasse. Cross Rock. Kick Ball Change		
25	Point right toe to right side.	Point	Right
26	On ball of left make 1/2 turn right, stepping right beside left.	Turn	
27 & 28	Step left to left side. Close right beside left. Step left to left side.	Side Close Side	Left
29 - 30	Cross rock right behind left. Rock forward left.	Cross Rock	On the spot
31 & 32	Kick right forward. Step back on ball of right. Step left beside right.	Kick Ball Change	

4 Wall Line Dance:- 32 Counts. Beginner/Intermediate Level. Choreographed by:- Jan 'Stray Cat' Brookfield. (UK) Oct 2000 from 29 Night CD. Choreographed to:- 'I Feel A Heartache' by: Danni Leigh (128 bpm). Suggested Music:- 'My Guy' by: Mary Wells (124 bpm).

Script Approved by