

## I Can't Help It

32 count, 4 wall, beginner/intermediate level  
Choreographer: Jessica Haugen (Norway) 2003  
Choreographed to: Can't Help Falling In Love by The  
A\*Teens (120 bpm) Album: Lilo & Stitch Soundtrack  
or Pop 'Til You Drop

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### **STEP, TOUCH, CROSSING SHUFFLE, BACK, SIDE, SHUFFLE**

1-2-3&4 Step forward on right, touch left toe to left side, cross left foot in front of right,  
step right foot to right side, cross left foot in front of right  
5-6-7&8 Step back on right, step left to left, shuffle forward right, left, right

### **STEP, TOUCH, CROSSING SHUFFLE, BACK, SIDE, SHUFFLE**

1-2-3&4 Step forward on left, touch right toe to right side, cross right foot in front of left,  
step left foot to left side, cross right foot in front of left  
5-6-7&8 Step back on left, step right to right, shuffle forward left, right, left

### **STEP, ¼ TURN LEFT, CROSSING SHUFFLE, ROCK, RECOVER, SAILOR STEP**

1-2-3&4 Step forward on right, ¼ turn left on left, cross right foot in front of left, step left foot to left side,  
cross right foot in front of left  
5-6-7&8 Rock left to left, recover on right, cross left behind right, step right to right, step forward on left

### **STEP, ½ TURN, SHUFFLE, STEP (HIP), HIP, STEP SLIDE, TOUCH**

1-2-3&4 Step forward on right, ½ left on left, shuffle forward right, left, right  
5-6-7-8 Step left to left while bumping hips to left, bump hips to right,  
big step left to left while sliding the right toe, touch right toe next to left

**RESTART:** During wall 3 (while facing 3:00) & wall 6 (while facing 6:00),  
start dance again after the third count of 8.

**ENDING:** During wall 11 (while facing 6:00) only do the first 16 counts of dance,  
then do a ½ turn to left keeping weight on left foot and point right to forward.  
Point with right index finger to the audience, then motion for them to come to you!

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Music download available from iTunes

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