

I Are (I.R.)

32 count, 2 wall, intermediate level

Choreographer: Barry Durand (USA) Aug 2007

Choreographed to: The Way I Are by Timbaland

Featuring Keri Hilson

HITCH, SAILOR KICK AND STEP, HITCH, HIP BUMP

- 1-2 Hitch left knee, touch left toe to side
3&4 Cross left behind right, turn 1/8 left and step right to side, turn 1/8 left and kick left forward
&5-6 Step left forward, step right forward, hook left behind right
7&8 Step left to side and bump hips left, center, left

TURNING SAILOR, HOLD & CROSS, WALKS, COASTER

- 1&2 Sailor step turning ¼ right stepping left, right, left
3&4 Hold, turn ¼ right and step left to side, cross right over left
5-6 Step left forward, turn ½ left and step right back
7&8 Step left back, step right together, step left forward

CROSSES, SWEEP, HEEL JACKS, PRESS ROCK RECOVER

- 1&2 Turn ¼ right and cross right over left, step left to side, cross right over left
3 Sweep left from back to front
4&5&6 Step left forward, step right to side, touch left heel forward, step left together, turn ¼ left and step right forward
7-8 Rock left forward, recover to right

COASTER, KICK BALL TOUCH, BODY ROLL, ¼ TURN

- 1&2 Step left back, step right together, step left forward
3&4 Kick right forward, step right together, touch left together
5-6 Hold
During the 2-count hold, body roll down from top to bottom ending with weight on right, or just do to hip bumps left
7-8 Step left forward, turn ¼ turn and step right to side