

## I Am The Bell

Phrased, 2 Wall, Intermediate

Choreographer: Eva Pau (CAN) April 09

Choreographed to: ?????? by Anita Mui

---

Contra Line dance **Sequence: AA, Tag, B, AAA, B, AAA.**

### Part A

#### 1/2 Turn Side Shuffles X 3 (Small Steps), Coaster Step

- 1&2& Right side shuffle right, left, right, ½ turn right with weight on right  
3&4& Left side shuffle left, right, left, ½ turn left with weight on left  
5&6 Right side shuffle right, left, right  
7&8 Step left back, step right together, step left forward

#### Forward Shuffle, 1/4 Turn Shuffle X2, Coaster Cross

- 1&2& Shuffle forward right, left, right, ¼ turn right with weight on right  
3&4& Side shuffle left, right, left, ¼ turn right with weight on left  
5&6 Back shuffle right, left, right  
7&8 Step left back, step right together, cross left over right

#### Sway X4, Forward Touch & Shimmy, Back Rock

- 1-4 Sway right, left, right, left  
5&6 Touch right slightly forward, shake shoulders back & forth right, left, right  
7-8 Rock right back, recover on left

#### Side Shuffle & Rock Back X2

- 1&2 Side shuffle right, left, right to right  
3-4 Rock left behind right, recover on right  
5&6 Side shuffle left, right, left to left,  
7-8 Rock right behind left, recover on left

#### 4 COUNT TAG: SWAY RIGHT, LEFT, RIGHT, LEFT

### Part B

#### Forward Walk X3, Forward Kick, Back Scoot & Hitch X2

- 1-4 Walk forward right, left, right, kick left forward  
5-6 Step left back & scoot, hitch right  
7-8 Step right back & scoot, hitch left

#### Weave Left, Rock Recover ¼ Turn, Forward Walk X2

- 1-4 Step left to left, step right behind left, step left to left, cross right over left  
5-8 Rock left to left, recover on right ¼ right, walk forward left, right

#### Forward Rock, ¼ Turn Side Shuffle, Cross Rock, Side Shuffle

- 1-2 Rock left forward, recover on right  
3&4 ¼ turn left side shuffle left, right, left  
5-6 Cross rock right over left, recover on left  
7&8 Side shuffle right, left, right

#### Cross Point X2, Forward Rock, Back Touch

- 1-4 Cross left over right, point right to right, cross right over left, point left to left  
5-8 Rock left diagonally forward, recover on right, step left back, touch right together