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I Ain't Had No Lovin'

32 count, 4 wall, beginner/intermediate level
Choreographer: Judith Campbell (New Zealand)
May 2002

Choreographed to: Ain't Had No Lovin, by Marie
Haslemore, Album: Kotahi Te Miriona (141bpm)

Intro: 16 counts

TWO SWIVEL WALKS – SHUFFLE FWD

1 2 2 swivel walks fwd on balls of feet R,L (the back ft will swivel slightly)
3&4 Shuffle fwd on R (RLR).
5 6 2 swivel walks fwd LR.
7 8 Step fwd on L, hold

SHUFFLE TO R SIDE – ROCK RECOVER – STEP – ½ PIVOT – STEP HEEL

1&2 Shuffle to R side (RLR)
3 4 Rock back onto L ft, rock fwd on R.
&5 6 Step L next to R (&), step fwd on R, ½ pivot to L.(weight on L)
7 8 Step back on R ft, place L heel fwd.

ROCK FWD RECOVER – STEP – HOLD – ROCK RECOVER – SAILOR

1 2 3 4 Rock fwd on L, recover on R, step back on L, hold
5 6 Step/rock R to R, recover onto L,
7&8 Step R behind L, Step L to L, step R in place (sailor)

SAILOR SHUFFLE – THREE ¼ PIVOTS

1&2 Step L behind R, step R to R, step L in place (sailor)
3 4 Step fwd on R, ¼ pivot to L
5 6 Step fwd on R, ¼ pivot to L
7 8 Step fwd on R, ¼ pivot to L