

LONG, SHORT, SHORT, LONG, SHORT, SHORT

- 1 Left long forward step
- 2 Right step slightly forward of left
- 3 Left step slightly forward of right
- 4 Right long forward step
- 5 Left step slightly forward of right
- 6 Right step slightly forward of left

ONE-HALF TURN, LONG, SHORT, SHORT

- 7 Left long forward step
- 8 Right step forward left 1/2 turn left
- 9 Left step beside right
- 10 Right step long back (traveling back to LOD)
- 11 Left step slightly behind right
- 12 Right step slightly behind left

ONE-HALF TURN

- 13 Left long back step
- 14 Right step back 1/2 turn left
- 15 Left step slightly forward of right

LUNGES

- 16 Right long forward step
- 17 - 18 Dip body forward weight over right, hold
- 19 Left long forward
- 20 - 21 Dip body forward to weight over left, hold

RIGHT, ROCK, RECOVER, LEFT, ROCK, RECOVER

- 22 Right side step
- 23 Rock step left behind right
- 24 Return weight right
- 25 Left side step
- 26 Rock step right behind left
- 27 Return weight to left

FORWARD LOCK VINE

- 28 Right step forward
- 29 Left lock step behind right
- 30 Right step forward

REPEAT