

## Hurt So Good

32 Count, 4 Wall, Beginner

Choreographer: Meiske Pamaputera (May 2014) Indonesia

Choreographed to: Hurt So Good by John Cougar Mellencamp

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Intro : 56

**Intro:** optional. Leave the first 8 counts

9-24 Bend right knee (1-2), bend left knee (3-4), bend R, L, R, L (5-8). Repeat

25- 40 Step Right to right bend left knee (1-2), left down bend right knee, bend L.R. L.R (5-8 ). Repeat

41- 48 Left touch fwd n shake ( weight on right )

49- 56 Right touch fwd n shake ( weight on left )

**1-8 Step forward touch 2x, 3 walk back, heel touch**

1- 2 Step Right forward, touch left next to Right

3- 4 Step Left forward, touch right next to left

5-8 Walk back right, left, right, heel touch left to L side ('sit" on R)

**9-16 Hips n Shoulder shakes, Vine left, heel touch**

9-12 Shake your hips n shoulder ( show attitude )

**\*\* Restart here on wall 4 - on count 12 left heel down. Restart step right fwd. (09:00)**

13-16 Left heel down, cross right behind left, step left, heel touch right

**17-24 Hips n Shoulder shakes, Vine right 1/ 4 turn right, hitch**

17-20 Shake your hips n shoulder

21-24 Right heel down, cross left behind right, ¼ turn right step right, hitch left ( 03:00 )

**25-32 Jazz box brush, jazz box**

25-28 Cross left over right, step right back, step left to left, brush right

29-32 Cross right over left, step left back, step right to right, step left.

**Restart:** After wall 3 - 12 counts