

Hung Up

32 count, 4 wall, intermediate level

Choreographer: Jazzie Rhoades (November 2005)
Choreographed to: Hung Up by Madonna (128 bpm);
Sundown by S Club 8

Begin Dance On main vocals

Cross Unwind, Swivel, Weave, Sweep.

- 1 – 2 Cross left over right. Unwind full turn.
- 3 – 4 Bending knees slightly, swivel heels to right, and replace to centre.
- 5 & 6 Step left foot over right, step right to right side, step left behind right.
- 7 – 8 Sweep right foot around and end slightly behind left.

Mashed Potatoes, Heel Jack, Heel Jack With Touch.

- & 1 & 2 Split both heels, split both toes as right foot moves behind left, split both heels moving left foot parallel with right, split both toes as left foot moves behind right.
- & 3 & 4 Split both heels, split both toes as right foot moves behind left, split both heels moving left foot parallel with right, split both toes as left foot moves behind right.
- & 5 & 6 Step right foot slightly back, tap left heel diagonally forwards, step left beside right, step right beside left.
- & 7 & 8 Step left foot slightly back, tap right heel diagonally forwards, step right beside left, touch left beside right.

½ Pivot Turn, Left Shuffle, Rock And Cross, Rock And Cross.

- 1 – 2 Step left foot forward, pivot ½ over right shoulder, replace weight on right.
- 3 & 4 Step left foot forward, step right beside left, step left foot forward.
- 5 & 6 Rock right to right side, recover onto left, cross right foot over left
- 7 & 8 Rock left to right side; recover onto right, cross left foot over right.

¼ Turn Shuffle, Turn, Touch, Kick Ball Change.

- 1 & 2 Step right foot forward making ¼ turn right, step left beside right, step right forward
- 3 – 4 Step left forward turning ½ turn over right shoulder, on ball of left pivot ½ turn over right shoulder stepping right forward.
- 5 – 6 Point left to left side, touch left beside right.
- 7 & 8 Kick left foot forward; step left beside right, step right beside left.