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- & 1 - 2 (while shimmying shoulders) step right foot forward, touch left toe beside right, hold
& 3 - 4 (while shimmying shoulders) step left foot forward, touch right toe beside left, hold
& 5 & 6 Step right back, touch left toe beside right, step left back, touch right toe beside left
& 7 & 8 Step right back, touch left toe beside right, step left back, touch right toe beside left
9 - 10 (twisting both heels left) step right to right side (turning to front) step left beside right
11 - 12 (Twisting both heels left) step right to right side (turning to front) step left beside right
13 - 14 (twisting both heels right) step left to left side (turning to front) step right beside left
15 - 16 (Twisting both heels right) step left to left side (turning to front) step right beside left
17 - 18 Roll both knees to the left
19 - 20 Roll both knees to the left
21 - 22 Step right foot to right, slap both thighs with hands
& 23 - 24 Step left toe beside right, step right foot to right, slap both thighs with hands
25 - 28 (with feet apart and traveling left) twist toes in, twist toes out, twist toes in, twist toes out
29 - 30 Kick right foot forward, kick right foot forward
31 & 32 Step back on right, step left back beside right, step right forward (coaster step)
33 & 34 Touch left heel forward, step left beside right, touch right heel forward
& 35 - 36 Step right beside left, touch left heel forward, touch left heel forward
37 - 40 (turning full turn left) step on left, step on right, step on left, touch right beside left
41 - 44 (stepping right foot forward) push hips forward twice, push hips back twice
45 - 46 Step right toe back, drop heel
47 - 48 (turning 1/4 turn right) step left toe back, drop heel
49 - 50 Stomp right foot forward, hold
51 - 60 Twist both heels right, left, right, left, right, left, right, left, right, left
61 - 62 (turning full turn left with weight in left foot) touch right heel forward, turning 1/4 turn left
63 - 66 Hitch right, touch right heel forward, turning 1/4 turn left hitch right, touch right heel turning 1/4 turn
67 - 68 Left hitch right, touch right heel forward, turning 1/4 turn left hitch right
69 - 72 (stepping right foot down beside left) twist heels right, clap, twist heels left, clap
73 - 76 Twist heels to right, twist toes to right, twist heels to right, clap
77 - 80 Step left to left side, kick right foot 45 degrees forward, step right over left, tap left toe behind right
81 - 84 Step left to left side, kick right foot 45 degrees forward, step right over left, tap left toe behind right
& 85 & 86 Step left to left side, step right to right side, step left into center, touch right beside left
87 - 88 Kick right foot forward, kick right foot forward
89 - 92 (stepping down on right foot & turning 1/4 turn left) twist heels right, left, right, left
93 - 94 Step right foot over left, step left foot back
95 - 96 (turning 1/2 turn right) step right foot forward, step left beside right

REPEAT