

## How Sweet it is

96 count, 1 wall, intermediate level

Choreographer: Sandra Le Brocq (UK) Feb 2005  
Choreographed to: How sweet it is by Michael Buble  
from It's time Album

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Dance starts with lyrics after 32 counts

**1 – 8 CROSS HITCH, BACK TOUCH, CROSS HITCH, SIDE TOUCH, SAILOR STEP, ¼ TURN STEP, CLOSE**

- 1-2 Cross hitch R knee in front of L (1), cross touch R behind L (2)  
3-4 cross hitch R knee in front of L (3), touch R to side (4)  
5-6 step R behind L (5), step L to side (&), step R to Side (6)  
7-8 ¼ turn to L stepping back on L (7), step R beside L (8) (9.00)

**9 – 16 FORWARD SHUFFLE, STEP ½ PIVOT,, STEP LOCK, STEP ¾ SPIN TURN**

- 9&10 Step forward on L (1), step R next to L (&), step forward on L (2)  
11-12 step forward on R (3) ½ pivot to left ( weight on L) (4)  
13-14 step forward on R (5), lock step L behind R (6)  
15-16 step forward on R (7), ¾ turn to R lifting L beside R ankle (8) (12.00)

**17 – 24 SIDE SHUFFLE, CROSS ROCK, RECOVER, STEP, SIDE SHUFFLE, STEP**

- 17&18 Step to side on L (1), step R next to L (&), step L to side (2)  
19-20 cross rock R behind L(3) Step L in place (4),  
21-22& step R to side (5), step L in place (6) step R next to L (&),  
23-24 step L to side (7), step R to side (8) (12.00)

**25 – 32 STEP, KICK, STEP, SWEEP, TUCK, ½ TURN STEP, FORWARD SHUFFLE**

- 25-26 Cross step L behind R(1), low R kick to side (2)  
27-28 cross step R behind L (3), sweep L to back (skimming floor) (4)  
29-30 tuck L behind R (5), ½ turn to L stepping R in place (6)  
31&32 step forward on L (7), step R next to L (&), step forward on L (8) (6.00)

**33 – 40 CROSS ROCK, RECOVER, SIDE “SWING” SHUFFLE X 2, STEP, 1/4 TURN, CLOSE**

- 33-34 Cross rock R over L (1), step L in place (2)  
35&36 step R to side (3), step ball of L beside R(&) Step R (straight leg) to side (L knee stays bent) (4)  
37&38 step L in place (5), Step ball of R beside L(&), step L (straight leg) to side (R knee stays bent)  
\* easier option – replace with regular shuffles (6)  
39-40 step R in place (7), ¼ turn to right stepping L beside R (8) (9.00)

**41 – 48 KICK BALL CHANGE, STEP ½ PIVOT, KICK BALL CHANGE, TUCK,¾ TURN STEP**

- 41&42 R kick forward (1), ball step back on R (&), step L in place (2)  
43-44 step forward on R (3)½ pivot turn to left ( weight on L) (4)  
45&46 R kick forward (5), ball step back on R (&),step L in place (6)  
47-48 tuck R behind L (start turn to right) (7) complete ¾ turn stepping L beside R (8) (9.00)

**49 – 56 HIP WALKS X2, BACK-TOGETHER JUMPS, CLAP, TOE-STRUT, CROSS TOE-STRUT**

- 49-50 Facing front, lift R hip & step R to right diagonal(1) lift L hip & step L to left diagonal(2)  
(optional arms:- bring R palm up & slightly out to shoulder level (1) repeat L (2)  
&51-52 R.L. quick jumps back, closing feet (&3) clap hands (4),  
53-54 ball-step on R to side (5) Drop R heel (6)  
55-56 cross ball-step L over R (7), drop L heel (8)

**57 – 64 FULL SPIN TURN, SIDE TOUCH, HOLD, SLOW SWAY, QUICK SWAYS**

- 57-58 Take weight on R, spinning full turn to right (1), jab L to side ( to”brake”) (2)  
59-64 Hold (3,4) smoothly sway to left (5,6) small sways to right and left (7,8)

**65 – 72 CROSS KICK BALL-CHANGE X2, FORWARD “SWING” SHUFFLES, X 2**

- 65&66 Cross kick R over L (1), ball-step back on R (&), step L in place (2),  
67&68 repeat (3&4)  
69&70 ¼ turn to left stepping R to side (5), step L next to R (&), ¼ turn to right stepping R in place  
(swivel on R heel if you like!) (6),  
71&72 ¼ turn to right stepping L to side (7), step R next to L (&)¼ turn to left stepping L in place  
(swivel on L heel ) (8)
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**73 – 80 ¼ TURN, SIDE LUNGE, RECOVER, ¾ TURN COASTER, SIDE, ½ PIVOT, ROCK-RECOVER**  
73-74 ¼ turn to left & lunge to side on R ( head turned to 12.00) (1) (jab index finger forward on word  
“you” if you like), recover weight on L (2),  
75&76 ¼ turn right stepping R behind L (3), ¼ turn R stepping L in place (&), ¼ turn right stepping R  
forward (4)  
77-78 large step on L to side (keep weight central)(5), ½ turn to R bringing L next to R ankle (6)  
79-80 large step on L to side (7) recover weight on R (8)

**81 – 88 CROSS KICK BALL-CHANGE X2, FORWARD SWING SHUFFLES X2**

81&82 Cross kick L over R (1), ball-step back on L (&), step R in place (2),  
83-&84 repeat (3&4)]  
85&86 ¼ turn to right stepping L to side (5), step R next to L (&), ¼ turn to left stepping L in  
place (Swivel on L heel if you like!) (6)  
87&88 ¼ turn to left stepping R to side (7), step L next to R (&), ¼ turn to right stepping R in place  
(swivel on heel) (8)

**89 – 96 ¼ TURN- SIDE LUNGE, RECOVER, ¾ TURN COASTER, SIDE ½ PIVOT, ROCK, RECOVER**

89-90 ¼ turn to right & lunge to side on L ( head turned to 12.00) (1) (optional finger ‘jab’)recover  
weight on R (2)  
91&92 ¼ turn left stepping L behind R (3), ¼ turn left stepping R in place (&), ¼ turn left stepping L  
forward (4)  
93-94 large step on R to side (keep weight central) (5), ½ turn to left bringing R next to L ankle (6),  
95-96 large step on R to side (7)recover weight on L (8)

START AGAIN!!

NB ON 3RD SEQUENCE, DO THE FAST TURN ON COUNT 57, THEN ADD A  
L.TOUCH BESIDE R. BEFORE THE L SIDE JAB. HOLD FOR 1 COUNT ONLY THEN SLOW SWAYS  
(2 COUNTS EACH) LEFT-RIGHT-LEFT FOLLOWED BY 2 QUICK SWAYS.CONTINUE AS USUAL  
FROM COUNT 65

CHOREOGRAPHER NOTE TO END DANCE AFTER 48 COUNTS OF 4TH SEQUENCE CONTINUE  
COUNTING IN TEMPO AS FOLLOWS :-  
STEP R. FORWARD (1) TOUCH L. BESIDE R.(2), STEP L. FORWARD (3), TOUCH R. BESIDE L.  
(4) ¼ TURN LEFT STEPPING R TO SIDE (5) LOOK LEFT AND TOUCH L SHOULDER WITH R HAND  
(6), TWIST BODY TO FACE 12.00, BENDING L KNEE & PUSHING R PALM TO 12.00 (7) HOLD!