

## How Long

64 Count, 2 Wall, Intermediate

Choreographer: Roz Chaplin (UK) March 2012

Choreographed to: How Long by Moot Davis,  
CD Man About Town (98bpm)

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### 16 Count Intro

**1 POINT FORWARD, POINT SIDE, COASTER STEP X2**

- 1-2 Point right forward, point right to right side  
3&4 Step back on right, step left beside right, step right forward  
5-6 Point left forward, point left to left side  
7&8 Step back on left, step right beside left, step left forward

**2 SHUFFLE FORWARD, SHUFFLE ½ TURN, ROCK BACK, KICK-BALL CHANGE**

- 1&2 Step forward right, step left beside right, step forward right  
3&4 Shuffling ½ turn right stepping – left right left (6)  
5-6 Rock back on right, recover onto left  
7&8 Kick right foot forward, step right beside left, step left beside right

**3 CROSS ROCK, CHASSE, CROSS ROCK, CHASSE**

- 1-2 Cross rock right over left, recover onto left  
3&4 Step right to right side, close left beside right, step right to right side  
5-6 Cross rock left over right, recover onto right  
7&8 Step left to left side, close right beside left, step left to left side

**4 STEP ¼ TURN, FULL TURN FORWARD, ROCK, RECOVER COASTER STEP**

- 1-2 Step forward on right, make ¼ turn left (3)  
3-4 ½ turn back on right, ½ turn forward on left  
5-6 Rock forward on right, recover onto left  
7&8 Step back on right, step left beside right, step forward on right

**5 ROCK RECOVER, TRIPLE FULL TURN, STEP ¼, CROSS SHUFFLE**

- 1-2 Rock forward on left, recover onto right  
3&4 Triple full turn stepping- left, right, left  
5-6 Step forward right ¼ turn left (12)  
7&8 Cross right over left, step left to left side, cross right over left

**6 SIDE, TOGETHER, HEEL BOUNCE X2**

- 1-2 Step left to left side, close right beside left  
3-4 Lift both heels, drop heels to floor  
5-6 Step right to right side, close left beside right  
7-8 Lift both heels, drop heels to floor (*taking weight to left*)

**7 ROCK, RECOVER ½ TURN, JAZZ BOX,**

- 1-2 Rock forward on right, recover onto left  
3-4 ½ turn right, step forward on left (6)  
5-6 Cross right over left. step back on left  
7-8 Step right to right side, step forward on left

**8 RIGHT KICK & POINT, LEFT KICK & POINT, ROCKING CHAIR**

- 1&2 Kick right forward, step right beside left, point left to left side  
3&4 Kick left forward. Step left to left side, point right to right side  
5-6 Rock forward on the right, recover on to the left  
7-8 Rock back on the right, recover onto the left