

## How Long

32 count, 4 wall, improver level

Choreographer: Jane Thorpe (UK) Oct 2007

Choreographed to: How Long by The Eagles, Album:  
Long Road Out Of Eden (142 bpm)

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Start on Vocals

### **Side Toe Strut, Cross Toe Strut, Right Chasse, Rock, Recover**

- 1-2 Touch right toe to right side, Drop right heel taking weight
- 3-4 Cross left toe over right, Drop left heel taking weight
- 5&6 Step right to right side, Close left beside right, Step right to right side
- 7-8 Rock back on left, Recover on right

### **Side Toe Strut, Cross Toe Strut, Left Chasse, Rock, Recover**

- 1-2 Touch left toe to left side, Drop left heel taking weight
- 3-4 Cross right toe over left, Drop right heel taking weight
- 5&6 Step left to left side, Close right beside left, Step left to left side
- 7-8 Rock back on right, Recover on left

### **Forward Rock, Recover, Shuffle ½ Turn, Forward Rock, Recover, Coaster Step**

- 1-2 Rock forward on right, Recover on left
- 3&4 Shuffle ½ turn right, stepping right, left, right
- 5-6 Rock forward on left, Recover on right
- 7&8 Step back left, Step right beside left, Step fwd left

### **½ Monterey, ¼ Monterey**

- 1-2 Point right to right side, Make ½ turn right stepping right beside left
- 3-4 Point left to left side, Step left beside right
- 5-6 Point right to right side, Make ¼ turn right stepping right beside left
- 7-8 Point left to left side, Step left beside right

**TAG:** Danced once at the end of Wall 3 (Facing 9 o'clock, start again from 12 o'clock)

### **¼ Monterey**

- 1-2 Point right to right side, Make ¼ turn right stepping right beside left
- 3-4 Point left to left side, Step left beside right