

## How Are You Doing Today

64 Count, 2 Wall, Improver

Choreographer: Arne Stakkestad (BE) Dec 2013

Choreographed to: How Are You Doing Today by Silver  
(148 bpm)

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Info: start after 32 counts intro, on lyrics

**1-8 R Side, Touch, L Side, Touch, Vine R, Touch**

1-2 RF step right side, LF touch beside RF  
3-4 LF step left side, RF touch beside LF  
5-6 RF step right side, LF cross behind RF  
7-8 RF step right side, LF touch beside RF  
Cross knee while touching

**9-16 L Side, Touch, R Side, Touch, Vine L, Scuff**

1-2 LF step left side, RF touch beside LF  
3-4 RF step right side, LF touch beside RF  
5-6 LF step left side, RF cross behind LF  
7-8 LF step left side, RF scuff beside LF  
Cross knee while touching

**17-24 Pivot, Pivot, Kick, Stomp, Flick, Step beside**

1-2 RF step forward, ½ turn left weight on LF  
3-4 RF step forward, ½ turn left weight on LF  
5-6 RF kick forward, RF stomp beside LF  
7-8 RF kick backward, RF step beside LF

**25-32 Pivot, Pivot, Kick, Stomp, Flick, Step beside**

1-2 LF step forward, ½ turn right weight on RF  
3-4 LF step forward, ½ turn right weight on RF  
5-6 LF kick forward, LF stomp beside RF  
7-8 LF kick backward, LF step beside RF

**33-40 Rockstep Forward, Monterey Turn, Rockstep Forw**

1-2 RF rock forward, recover weight on LF  
3-4 RF touch right side, ½ right RF step beside LF  
5-6 LF touch left side, LF step beside RF  
7-8 RF rock forward, recover weight on LF

**41-48 Rockstep Backward, Monterey Turn, Rockstep Backward**

1-2 RF rock backward, recover weight on LF  
3-4 RF touch right side, ½ right RF step beside LF  
5-6 LF touch left side, LF step beside RF  
7-8 RF rock backward, recover weight on LF

**49-56 Jazzbox ¼ R, Swivets R, L**

1-2 RF cross before LF, LF step backward  
3-4 ¼ right RF step right side, LF step beside RF  
5-6 Swivel R Toe right and L Heel left (weight R Heel and L Toe), return to middle  
7-8 Swivel L Toe left and R Heel right (weight L Heel and R Toe), return to middle

**57-64 Jazzbox ¼ R, Swivets R, L**

1-2 RF cross before LF, LF step backward  
3-4 ¼ right RF step right side, LF step beside RF  
5-6 Swivel R Toe right and L Heel left (weight R Heel and L Toe), return to middle  
7-8 Swivel L Toe left and R Heel right (weight L Heel and R Toe), return to middle

**Restarts:** after 40 counts (RF rock forward, recover), in the 2nd, 5th, & 8th walls,  
each wall that starts with "I'm A Liar"